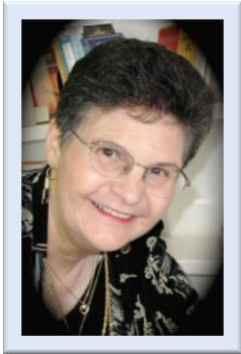


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The Year of Spiritual Transformation

Spiritual focus



Unity of Salem's Mission Statement: Unity of Salem is an inclusive, joyful and fun-loving spiritual community, empowering people, nurturing oneness with the Divine Source, and inspiring conscious transformation.

MINISTER'S MESSAGE

Have you ever been in a group setting (even a family group) and you and a few others were very passionate about one choice or decision and another group was equally passionate about the opposite choice or decision? That has probably happened to all of us at one time or another. It is called a "Polarity." Sometimes congregations find themselves in a power struggle over the two poles of a polarity. Both sides believe that they are right, so the other side must be wrong.

According to Roy M. Oswald and Barry Johnson in their book *Managing Polarities in Congregation*, a polarity is not about *either/or thinking*; managing a polarity in a healthy thriving manner is about *"and/both."* They go on to say that the "...phenomenon of polarities is a wonderful gift from God. It is a gift found in nature, like gravity, ice, or a forest. Polarities are everywhere in our daily lives for us to tap to enhance the quality of our lives and to help our congregations thrive."

Polarity management brings three elements to this ancient wisdom:

1. An *infinity loop* that follows the normal flow of energy around the two poles of a Polarity. The loop both holds the poles together as an interdependent pair and keeps them apart as distinct entities.
2. A robust and user-friendly *map* enables us to see key dimensions of any Polarity.
3. A *set of principles* describes how all Polarities work.

I recently discovered that I was feeling very over-whelmed and began to look at the Polarities in my life of service and self-care. I discovered when I short the self-care Polarity some "early warning signs" begin to appear in my life. My self-talk starts to say things in my ear that bring about feelings of "doing everything alone," "too much to do," etc. The victim mentality starts to emerge. By mapping out these two Polarities I realized that when I tend to my self-care in a
 (Continued on page 4)

YEARLY AFFIRMATION

CENTERED IN GOD, WE CO-CREATE A WORLD THAT WORKS FOR ALL.



UNITY OF SALEM IN PHOTOS



Talk about "Abundance!"



The Pea Patch provides an occasion to plant, grow and reap the harvest.



Take a look at the bright and beautiful kid's room downstairs. All those who volunteered their time created this happy space.



Our church community provides the wings for us to reach for our potential while they enfold us in love and support.



Most Sundays, an unplanned group or two gather at local restaurants to chat and build community. You are always welcome to invite yourself!

BOARD / STAFF AND LICENSED TEACHERS

BOARD MEMBERS

President – Jane Minard
Vice President – Barb Cannard
Secretary – Berta Aronson
Treasurer – Sally Cummins
Members – Rev. Georgie Richardson
Mark Spencer, Ray Nunez
Alternate – Barb Vandepas

STAFF

Minister – Rev. Georgie Richardson
Office Coordinator – Denita Wallace
Minister's Associate – Diana Moskal

Youth Education

Ann Armstrong – Coordinator
Sharon Viehdorfer – Assistant

Music Director – Lorena Smith

Choir Director – Kathleen Walters

Pianist – Randy Byrnes

Multi-Media Team

Paula Wills, Director
Randy Julian-Soundboard Co-Leader
Caroline Collins-PowerPoint Co-Leader

Operations Coordinator

Paul Wilson

Leadership Development

Dr. Bonnie Staebler – Director

Unity Photographers

Randy Julian, Jim McCreary,
Tammy McCammon

Newsletter Coordinator

Michelle Graham

LICENSED TEACHERS

Diana Moskal, Ann Armstrong

DIAL-A-PRAYER

503 364-6057

Website:

<http://www.UnityOfSalem.com>

E-Mail:

office@unityofsalem.com

Unity of Salem

Phone: 503 364-0156

Office Hours: 10-4 Mon. - Thurs.

P.O. Box 3518

Salem, OR 97302

Sunday Service at 10:20 AM

NEWS AND EVENTS

WOULD YOU LIKE TO JOIN UNITY OF SALEM?

Unity of Salem receives members into the church once a year. Membership gives you the privilege of voting at the annual meeting, becoming a Chaplain, and/or serving on the Board of Trustees. While it is not necessary to join the church to enjoy all the church has to offer, joining is a statement of commitment to your Spiritual journey in Unity, and a statement of commitment to Unity of Salem.

If you would like more information about joining the church, there is a sign-up sheet on the table in the Southwest corner of the church. There will be a required Orientation meeting on Saturday, December 3, 2011, 10:00-12:30. As part of the process of joining you will be required to attend a six-week Basic Unity class, and a Sacred Service workshop. You will also be assigned a Mentor who will be a support person for you through the process. Please sign up if you are interested, AND take the sheet with the dates of the events you will be required to attend.

UNITY OF SALEM'S NEW OFFICE COORDINATOR - DENITA WALLACE



I am excited to be the new office manager at Unity of Salem! I'm not new to the office routine here because I have helped Betty for several years with the accounting program. And this summer I worked as the bookkeeper. So far the role of office manager has been full of joy. I want to bring the energy of "YES!" to this job.

We have a new church membership computer program and I will be updating everyone's information so that we can all communicate more effectively. You will be getting a form in the Sunday bulletin soon to update your information for us.

I live on a small farm just south of Salem. I have cows, cashmere goats, and chickens there. I have just recently started a pastured poultry business and have 36 turkeys growing up for Thanksgiving sales. I am accepting reservations for these on my website, <http://denwallyfarm.com/pasturedpoultry.html>. Broiler chicks will come next and they should be ready by the end of October. I also have three pet dogs, one livestock guardian dog, and five cats. You might say I love animals. I live with my husband, Jim, and my mother, Ann Widders.

FIVE LOVE LANGUAGES CLASS

October 13 to November 10
Thursdays, 7 - 9 pm
Offered by Barb Vandepas

We are created to give and receive love. Everyone has a preferred way of expressing love. In his book *The 5 Love Languages*, Gary Chapman defines five inclinations in how we communicate our love.

To deepen relationships with those you love, come and learn five love languages. You will understand why you feel loved by those who speak your language and how to speak another's language. Once you have identified the love languages, you can give your partner, children, parents, and friends love in ways they will receive in their heart.

A suggested Love offering for each class is \$10. The book is \$9.



TAIZE TRAINING

Taize is one of many ways to serve at Unity of Salem. If you have an interest in being part of the Taize team see Barb Vandepas by October 9! You do *not* need to be a chaplain to serve in this sacred service. There *is* a specific training necessary to be part of the Taize team which will take place Friday evening October 21 and Saturday October 22. Sherry Lady from Unity of the Valley in Eugene will be guiding us. If you feel Spirit is calling you to be part of our Taize team and want to know the expectations and commitments see Barb soon.

THOUGHTS TO PONDER

ODE TO AUGUST

From Jaine Niktab



What a blessing and thrill to come home to Unity of Salem for a weekend, and what a weekend it was! Festival flags waved “hello,” hugs and tears abounded, and magnificent signs of transformation greeted me; many were hard to recognize for all the tremendous unfolding. One thing was certainly the same and that is —nowhere on earth resonates louder with unconditional love than Unity of Salem! I am overflowing with the love from all of you, my children, and my grandbabies. I am good to go for another year. Thank you.

Per my last newsletter article testifying of my prosperity flow, I came back to Missouri to a continuance of gifts. My first day back at Silent Unity I was gifted a raise of \$1.65 an hour. In addition, I had a message from a grooming shop asking if I would “honor them by working there.” I accepted and now style doggie hair the two days I’m off from Silent Unity. Wow, praying and puppies for prosperity. Are we in agreement that this is a definite “Thank you, God?”

Speaking of prayer, September 8th was World Day of Prayer and I sat

at Silent Unity praying with all who called. What a phenomenal experience! Outside, urns of fire blazed on the bridges while hundreds stood holding candles, joined in prayer. A massive procession of light to Silent Unity brought millions of prayer petitions from around the world to the Silent Unity Chapel; I have never felt so humbled and in awe. The following day, the president of Silent Unity, Lynn Brown, shared that the idea for World Day of Prayer originated from a fellow Ministerial classmate of hers. Again, I grasped the golden thread that binds to Unity of Salem; Georgie is a Ministerial classmate of Lynn Brown and World Day of Prayer is 18 years old.

So begins my New Year, for I count September as the first month of my last year here in Missouri; I plan to be home next August. Interestingly, my return coincides with the finality of the three year Transformational Program synthesis. At the women’s retreat I went to in July, Karen Drucker led an amazing visualization. She asked us to go back, far back, before our time here on earth, to a time when we were all together once before. “Imagine,” she said, “that we all agreed we’d join back together, unite at this very time in history, at this very place, for our great and glorious purpose.” The only faces I could see were all of you at Unity of Salem—you are all I ever see. I hold each and every one of you closer than my heart. We have come together again, in agreement, for a great and glorious purpose that continues to unfold.

I’ll see you at home,
Namaste’
Blessings from Jaine

Ministers Message

(Continued from page 1)

more conscious manner that I’m better connected to Spirit. I hear plainly the inner advice to take some time off to care for myself, to delegate, etc. As my self-care improves, the quality of my service improves side-by-side and I continue to feel my energy rise as I live life from a higher awareness.

Polarities arise everywhere: personal life, family life, city life, the Federal Government; didn’t we see this clearly over the stalemate on the issue of raising the debt ceiling a few weeks ago? Polarities arise in congregations. Your Board of Trustees is currently studying Oswald and Johnson’s book and will be having a workshop/retreat for the Board and staff later in October.

This work will give us a better idea of how well we are managing the various Polarities discussed in their material. The goal is to always move toward the energy of a thriving congregation. To do this we must be aware of the “early warning signs” that would draw us into an energy field of a declining congregation. Our goal is to continue to be a Spirit-led Board of Trustees that continues to seek cutting edge material to help us understand our roles as board members.

Blessings,
Georgie

APPRECIATION AND GRATITUDE

THANK YOU, THANK YOU, THANK YOU

MANY THANKS AND DEEP APPRECIATION GOES OUT TO THE FOLLOWING FOLKS:

To Jim Harris who has served as the Leader of the Core Team for several years. Jim's is stepping out of that role, but he will be available as a consultant. We are so grateful to Jim for the years he shared his expertise with the Core Team. The Core Team is the team that is holding the Dream of our New Sanctuary.

Thank you also to Bea Sotomayor who has served for years as part of the Hospitality Team. Bea is stepping away from that area of service, although she continues to serve in a variety of ways at Unity of Salem. We are so grateful, Bea, to your commitment to the Hospitality Team. We appreciate you and your loving service – you taught us how to cut cakes!

A big **HURRAH** to the entire Festival Team for the wonderful Peace Festival filled with excellent speakers, music and booths held August 20th.

Thank you to EVERYONE who has worked and continues to work on our Sacred nine acres keeping it beautiful, healthy and vibrant. Indeed it takes a Village to keep our building and grounds in good repair and looking beautiful.



Praise

Praise is expressed appreciation and commendation. Applause, laudation, honor. All of creation responds to praise. It is said even vegetation grows best for those who praise it; animal trainers would never succeed without praise; children need approbation to stimulate and inspire them. It is even necessary that we praise our own ability. Through an inherent law of Mind, we increase whatever we praise. Praise yourself from weakness to strength, from ignorance to intelligence, from poverty into abundance!

The Science of Mind
Page 621

HAPPY BIRTHDAY



October

- 1 Karen Henderson
- 4 Sharon Viehdorfer
- 5 Alice Sawyer
- 8 Emily Wieczorek
- 15 Diane Bunn
- 17 Mark Spencer
- 18 Kathleen Walter
- 20 Sherry Burge
- 27 Paul Wilson
- 29 Peggy Brown

November

- 1 Marilee Corey
- 9 Ray Nunez
- 9 Bonnie Young
- 9 Joyce Little
- 9 Jim Cilly
- 20 John Meyer
- 24 Jim McCreary



YOUTH NEWS

NEW TWEEN ROOM READY

The long awaited sacred space for 4th and 5th graders is now ready for use. The former Youth Ed office has been fitted with beanbag chairs and low tables for playing games and doing beading.

We held a spirited brainstorming session and recorded all of the ideas. Some of the ideas that we can use now include creating sacred altar (considering what we mean by sacred and altar) and planning a Saturday field trip in October to Create a Memory.

Planning a special space and activities for the tweens helps to keep them coming to church as they anticipate moving into middle school in a year or two and want to do more grown-up activities.

All proceeds from the spaghetti feed, wreath sale and soup Sunday activities provide funds to help send our youth to regional retreats and camps.

For Meditation

Father, I thank You for this daily bread and also for the spiritual bread of life that is Your loving gift to me.

--Lowell Fillmore
A More Wonderful You
Unity School of Christianity

ANNUAL LASAGNA AND SPAGHETTI DINNER



**Friday, October 14, 2011
5:30 - 7:00 p.m.**

In the children's sanctuary downstairs, the teens will serve you homemade lasagna or spaghetti, crisp green salad with assorted dressings, hot garlic bread, choice of beverages, and homemade cookies.

Cost: \$7 for adults and \$3 - \$5 for children



HOW CAN YOU HELP WITH YOUTH AND FAMILY MINISTRY?

- Bring your children and grandchildren to church regularly.
- Offer your services one Sunday every month or two to help with the children or teens.
- Share your special talents, skills, hobbies or passions with the children or teens.
- Provide transportation to church on Sundays for youth and families without transportation.
- Help with teen fundraisers.
- Bring your guitar or your other instruments to help provide music for children or teens.

DECEMBER 4th IS SOUP SUNDAY

Right after church on December 4, there will be a variety of homemade soups and delicious hot bread. Everyone is welcome!

CHRISTMAS WREATH SALE

Orders are will be taken from October 16 - November 13, 2011 for beautiful Oregon noble fir wreaths and swags. They will be delivered to the church just before Thanksgiving for your Christmas decorating.



OTHER NOTABLE HAPPENINGS

A COURSE IN MIRACLES

Monday evenings at 7 PM, Rev. Mark Spencer facilitates *A Course in Miracles* in the Bookstore. Everyone is invited to attend. A love offering is received.



POWER OF SOUL

Roger Givens continues to lead the Dr. Sha's Power of Soul group in the Bookstore on the 2nd and 4th Tuesdays of the month at 7:00 PM.



PATHFINDERS RETURNED ON SEPTEMBER 18

For many years, Kay and Ed Lent have led a group entitled Pathfinders on the 1st and 3rd Sundays of the month. The group studies a metaphysical book and discusses how our Spiritual teachings apply in everyday life. The group meets on the 1st and 3rd Sundays at 9:00 AM in the Bookstore. Everyone is welcome. We offer a big THANK YOU to Kay and Ed for continuing to lead this important group.



NEW E-MAIL ADDRESS FOR UNITY OF SALEM

office@unityofsalem.com

TAIZE HEALING PRAYER SERVICE

Thursday, November 17
7:00 p.m.

Our next Taize healing prayer service will be the Thursday evening a week before Thanksgiving. We know God is our source and at Thanksgiving we express deep gratitude. Emily Cady states in her book, *Lessons in Truth*, "The only way God has of letting us know of His infinite supply and His desire to make it ours is for Him to push gently on the divine spark living within each one of us...knowing that all desire in the heart for any good is really God's desire in us and for us." Come to a meditative sacred service of song and prayer, creating an environment where we can go within to a deeper level of connectedness to our Higher Power.



SAVE THIS DATE



On Saturday March 3, 2012, Neale Donald Walsch will present a workshop at Unity of Salem entitled, "Surviving to Evolving." Tickets go on sale Dec. 15 for \$75.

View his website at:
www.nealedonaldwalsch.com

UNITY OF SALEM LAUNCHES OUR STRATEGIC PLAN

During the weekend of September 16-18 with our Consultant Guide, Cindy Henson, we shared with the Enlightened Leaders our Strategic Plan that will take us through 2013 and beyond.

Over the past two years as part of the Transformational Experience we have had Conscious Conversations, Focus Groups, and Mapping What Is experiences that have brought to light many areas where we desire to grow. We have identified four major Intentions that are as follows:

1. We are renowned for being joyfully inclusive, grounded in openness and acceptance of all.
2. We are deeply rooted in a consciousness of heart-centered, Spirit-led leadership.
3. We are a vibrant community that is courageously transforming individually and as a community.
4. We are recognized as a spiritual community that experiences an abundant flow of prosperity and well-being at all times.

Under each of these Intentions there are Objectives, Goals, Actions, Due Dates and the people who are responsible for seeing the Goal accomplished. There are many opportunities for people to serve in areas of interest.

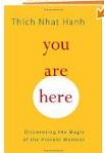
Copies of the Strategic Plan are available upon request.

BOOKSTORE CORNER

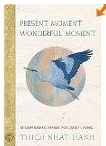
Highlighted Books and CDs Of The Month

NOTICE: Unity of Salem is now a full Associate of AMAZON.COM. You can purchase any Amazon.com product through the Unity Associate website and Unity will receive up to 10% of the cost of the item. Just go to www.UnityofSalem.com or <http://astore.amazon.com/wwwunityofsal-20> and click on the Amazon.com link. You will stay on the Unity page throughout your complete order and then be transferred to Amazon.com for payment.

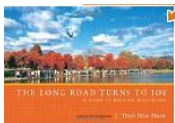
When Rev. Kathy Long spoke one Sunday, she mentioned books by Thich Nhat Hanh. He is a poet, Zen master, and a Vietnamese Buddhist monk. His lifelong efforts to generate peace and reconciliation moved Martin Luther King, Jr. to nominate him for the Nobel Peace Prize in 1967. Some of his books are:



YOU ARE HERE - Discovering the magic of the present moment. "Being truly here is very important--being here for yourself and for the ones you love. Fortunately, being here is not a difficult thing to accomplish. Just come back to yourself, concentrate on your breath, and smile. You are here, body and mind together."



PRESENT MOMENT WONDERFUL MOMENT - This book contains verses for starting the day, for meditation, for eating mindfully, for daily activities. One example is: "Entering the meditation room, I see my true self. As I sit down, I vow to cut off all disturbances." This is followed by two paragraphs on the topic of meditation.



THE LONG ROAD TURNS TO JOY - A guide to walking meditation. The author offers instruction in this most basic meditation practice—walking just for the enjoyment of each step, each breath, the sky, and the sights and fragrances along the path. "I have arrived. I am home in the here and now. I am solid. I am free in the ultimate. I dwell."

PS: If Rev. Georgie mentions a book in her Sunday message that is not in the Bookstore you can go to www.unityofsalem.com and click on our Amazon associate store link to order the book. Thank you.

Unity of Salem
P.O. Box 3518
Salem, OR 97302