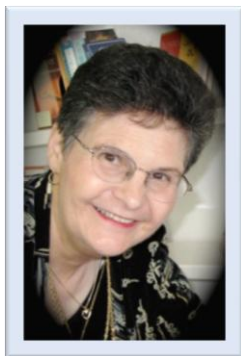


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The Year of Spiritual Transformation

Spiritual focus



Unity of Salem's Mission Statement: Unity of Salem is an inclusive, joyful and fun-loving spiritual community, empowering people, nurturing oneness with the Divine Source, and inspiring conscious transformation.

EVOLUTION OF A SPIRITUAL COMMUNITY

We are one and a half years into the Pilot program called Transformational Experience – Enlightened Leaders. This is a very powerful undertaking we have agreed to and through it, we are discovering a great deal about ourselves individually and as a Spiritual Community. We are being called to stand taller, speak with greater integrity and clarity, and truly BE who we have come here to be. It is transition with a capital T!

Transition is different from change. According to William Bridges, “transition is *the inner process* through which people come to terms with a change, as they let go of the way things used to be and reorient themselves to the way that things are now.”

Many people do not like change, it is scary, it is disruptive to our lives, and puts us out of our comfort zone. There is a feeling that we just have to “get over it,” go on with life, and do the best we can. Often we want to blame someone for bringing on this change, this discomfort in our lives. But with the idea of transition, we can embrace a path to follow, and, for us that path is a Spiritual path. It is like the story of the trapeze – you know the trapeze that is swinging out there has your name on it, and you know you have to let go of the one you are hanging onto in order to reach out and take that next step, that trapeze. So letting go is where we have to start when a transition shows up in our lives. We need to ask ourselves, “What is it time for me to let go of?” If our answer is external, then we are only looking at the change; if the answer is internal, then we are open to the transition in our lives and a move in a direction, which allows us to be more of who we have come here to be.

As part of the Transformational Experience, we are learning on an individual level, as well as a collective level, that there are certain things showing up in our lives and in our Spiritual Community we need to let go of. And, at the same time there are certain expectations and standards we need to embrace and from which we need to express ourselves if we are to continue to transform ourselves and our Spiritual Community into a healthy, thriving Unity center that is
 (Continued on page 3)

YEARLY AFFIRMATION

CENTERED IN GOD, WE CO-CREATE A WORLD THAT WORKS FOR ALL.



A MESSAGE FROM THE BOARD PRESIDENT

Ray Nunez

A Year in Our Spiritual Home

The 2011 Annual Meeting allowed us to pause from transitional change for a few moments to reflect on our gratitude for the life force we create and resonate here in our Spiritual Home. Reflecting upon this past year, the Board and our church community have been engaged on several levels pursuing many different types of developmental activities. We have propelled our spiritual, emotional, physical, relational, and community development to new levels.

This past year, Board actions included approving our new sign, "A Positive Path for Spiritual Living" and providing financial support for the Interfaith Peace Festival. We have been supportive and enthusiastic for the ongoing transformational experience and educational classes that promote our mission such as the Art & Practice, Five Love Languages, A Course in Miracles and others. The Board improved budgeting procedures with a new budget request form. We also delivered financial gifts to Unity Worldwide Ministries and developed shared membership agreements. Currently, we are applying for grants from the Fred Meyer Foundation to help increase our presence in the Salem community. In addition, the Board also supports Georgie in many seen and unseen ways.

Our community's activities, through conscious applications of Unity principles, have produced healthy new trees; 29 active committees making



our church life fun and interesting; a remodeled youth area; basement and roof repairs; the first steps towards building a new road; and the repair and replacement of the bottom of the bookstore's north wall. Best of all, our building-fund angels are multiplying towards solidifying our dream of a new sanctuary.

Our spiritual community has a noticeable shift in how we treat each other, how we honor our various individual, social, and gender cultural identities and accompanying worldviews. There is a shift in how we go inside and outside and inside again to make decisions. We have brought together support systems to provide transportation for members on Sunday, food from our Abundance Corner and assistance for folks getting back on their feet in times of crisis. We are more mutually honoring of the Divine in all of us.

We have also increased our caring and helping to those in the greater Salem community so that they may have a brighter day—not only at Christmas with our love infused Teddy Bears, but also by responding throughout the year with school backpacks, Thanksgiving meals and spontaneous assistance.

There is more, lots of more. For example, look at how many Chaplains we have, about 20% of the

(Continued on page 3)

BOARD / STAFF AND LICENSED TEACHERS

BOARD MEMBERS

President – Jane Minard

Vice President – Barb Cannard

Secretary – Berta Aronson

Treasurer – Sally Cummins

Members – Rev. Georgie Richardson,
Mark Spencer and Ray Nunez

Alternate – Barb Vandepas

STAFF

Minister – Rev. Georgie Richardson

Office Coordinator – Betty Sword

Minister's Associate – Diana Moskal

Youth Education

Ann Armstrong – Coordinator

Sharon Viehdorfer – Assistant

Interim Music Director – Lorena Smith-Ferry

Choir Director – Kathleen Walter

Pianist – Lee Ann Weddle

Multi-Media Team

Paula Wills, Director

Randy Julian-Soundboard Co-Leader

Caroline Collins-PowerPoint Co-Leader

Operations Coordinator – Paul Wilson

Leadership Development

Dr. Bonnie Staebler – Director

Unity Photographers

Randy Julian, Jim McCreary,

Tammy McCammon

Newsletter Coordinator

Michelle Graham

LICENSED TEACHERS

Diana Moskal, Ann Armstrong

DIAL-A-PRAYER

503 364-6057

Website:

<http://www.UnityOfSalem.com>

E-Mail:

unityonthehill@aol.com

Unity of Salem

Phone: 503 364-0156

P.O. Box 3518

Salem, OR 97302

Office Hours: 10-4 Mon. - Thurs.

Sunday Service at 10:25 AM

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy." Rev. Dr. Martin Luther King Jr.

EVENTS

CINDY HENSON RETURNS

Our Consultant Guide for the Transformational Experience, Cindy Henson will be with us for her third annual visit the weekend of June 24-26th. Everyone is encouraged to attend Friday evening from 7:00 to 9:00 and Saturday morning from 9:00 to 12:00. This is a wonderful opportunity to be involved with the spiritual growth of our Spiritual Community. If you are interested in the overall well-being of Unity of Salem, then plan to be with us for all or part of this time with Cindy.

A Message From Our President

(Continued from page 2)

church membership. Look at the large group participating in the Enlightened Leaders experience. Sometimes it feels like a rousing Sunday service in those meetings—joyfully well attended.

My fellow evolving spiritual travelers, it is all about you. You are the dedicated members giving of yourselves. You are giving your time, talents, treasures, love, dollars, concern, and compassion and focusing on our connection “to Infinity and beyond” and back again.

So, let’s continue to build an inclusive community and have some big

fun doing it while nurturing one another and our Oneness with Divine Source while we encounter, with grace and grit, our vital conscious transformation.

I look forward to even more growth with all of you in the coming year.

I would like to thank and bless all the Board members for their presence this year: Jane, Sally, Berta, Mark, Barb and Georgie for spreading their highest and best and giving so much of their wisdom, perspective, and care to the daily operations of Unity of Salem.

Thank You, Namaste

MINISTERS MESSAGE

(Continued from page 1)

completely in alignment with our Core Values – Spirit-led leadership, Transformation, Integrity, Compassion and Empowerment, as well as with our Vision and Mission Statements.

William Bridges in an article called *Transition as the Way Through* tells of his transition when his wife died. He says in the case of his wife’s death, what he had to let go of wasn’t so much the person he had been married to for 37 years or the marriage they had. Those were the changes. To cross over the line into the transition, he needed to ask himself what inner relinquishments he needed to make because of the change. What needs would he have to find other ways to get met? Because of his change – or ours – what parts of self are now out of date? If change is a wall, then transition is the gate in the wall.

As we continue the Transformational Experience in these next 18 months, we will continue to have the opportunity to go through transitions. I trust we will find the gate and walk through it. Hopefully most of us will go through that gate with ease and grace. Could be not all of us will. However, as we continue to evolve into a healthy, thriving community, we will attract others to that health and they will want to join with us.

Martin Luther King Jr. says, “The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.” Reverend Dr. Linda McMar of the Religious Science movement says, “Sometimes our circumstances shake us, and sometimes we do the shaking. Where we stand at these times makes a big difference in how we move forward. Each change (or transition) in life brings with it an ending and a new beginning.”

No one has said this Transformational Journey would be an easy one my friends. And yet I trust that Spirit guided us into this process and that “He who began a good work in us, will bring it to completion.” I am excited to discover what the next 18 months will bring.

Blessings,
Georgie Richardson, Minister

THOUGHTS TO PONDER

SOME THOUGHTS ON A COURSE IN MIRACLES

By Mark Spencer

“So what’s in it for me?”

Good question! A new student in the first class that I ever facilitated in A Course in Miracles asked me this.

We each choose our spiritual path based on what value we think we might find in it. Here are some of the things we might be looking for.

- ♥ How to lead a better life
- ♥ How to get rich
- ♥ How to get well
- ♥ How to have better personal relationships
- ♥ How to have a life that’s fun, safe and easy
- ♥ How to get to Heaven

While all of this is good stuff, the three-volume Course offers just one simple gift—inner peace. This peace is available at all times, in all places and circumstances. This inner peace is achieved by studying a specific kind of mind training presented in a Workbook consisting of 365 lessons. The Course can be “completed” in one year, but it becomes a lifetime study as the student explores the theory beautifully developed in the Textbook, and specific application as explored in the *Manual for Teachers*.

The Course is best summarized in this statement from the introduction to the Textbook: “Nothing real can be threatened, nothing unreal exists. Herein lays the peace of God.”

What this means is we are all dreaming a dream of pleasure and pain, loss and gain, and all the other unexpected changes of the human drama. God knows nothing of all of this, He only knows that His holy sons (i.e. all of us) are asleep and He simply wants us to wake up and live with Him in a state devoid of judgment and comparisons. In this process, we have the constant help and guidance of Jesus and the Holy Spirit if we simply give ourselves to them with “a little willingness.”

This process also provides for the healing of relationships, and we have relationships with all things of which we are conscious; our significant others, our bodies, food, the chair on which we’re sitting; the list goes on and on. Forgiveness is the means whereby this healing happens, and as the Course characterizes it, forgiveness “recognizes what you thought your brother did to you has not occurred. It does not pardon sin and make it real. It sees there was no sin.”

Ask yourself if A Course in Miracles is right for you. If you want more information, talk to me and check out the website www.acim.org.

But wait! There’s more! We’d love to have you join us at 7:00 p.m. on Monday nights in the Unity of Salem library to explore this path further.



“Forgiveness is the means whereby this healing happens”

CHAPLAIN DEDICATION



New Chaplains receive their vestments



Our Wonderful Chaplain Team

Six people recently completed the Chaplain training that started in October 2010. They are John Gordon, Tammy McCammon, Joanne Icovino, Lee Howell, Emily Wiczorek, and Desiree Rudder. They each received their Chaplain name badges and shawls sewn by Diana, to which they added their own beads, fringe, etc. With these new people, we now have eighteen Chaplains!

During Dedication Sunday (held on May 15 during the Sunday service), all eighteen Chaplains were celebrated and recognized for their commitment to the Chaplain Team. Chaplains received a praying hands pin for another year of service. Some Chaplains now have six pins!

(Continued on page 7)

YOUTH NEWS

YOUTH HONORING DAY

Sunday, June 5, 2011

Sunday, June 5 is our annual Youth Honoring Day at Unity of Salem. The Sunday service has been created by and will be led by our youth. We will honor the children, youth, teachers, and sponsors for their participation and accomplishments this past year. Plan to attend and support this outstanding group who make up the Youth and Family Ministry Team of Unity of Salem.

SUB-REGIONAL UNITEEN LOCK-IN

Uniteens (middle school age) from four Portland/Salem area Unity centers gathered at Unity of Portland on May 21 and 22 for a great time of fun, games, singing and connection, with plenty of space to play Wii. The teens had a lively and memorable time. Attending from Salem were Nathan Schwab and Victoria Shepard.

UPCOMING TEEN EVENTS

June 5Youth Honoring Day

June 19-24 ..Unitreat for Uniteens

SCHOLARSHIP FUND

Thank you to all the wonderful angels who are contributing to the Teen Scholarship Fund



APPRECIATION AND GRATITUDE

THANK YOU, THANK YOU, THANK YOU

We offer deep gratitude to the following people who share of their time, talents, and treasures in a committed and generous way at Unity of Salem.

- To Bob and Lee Howell, John Gordon, Paul Wilson, Steve Shepard and everyone else who are mowing, weeding and helping to keep our sacred grounds looking beautiful
- To Jim and Kirsten Collins for washing windows in the Sanctuary and the Bookstore
- To Ann Armstrong, Sally Cummins, Val Guerrazzi and Sharon Viehdorfer for leading the Women's Retreat
- To Bea Sotomyor for helping in the office

- To all of the folks who helped with the grounds on the 2nd Saturday
- To the Evolutionary Council for their incredible job with Mapping What Is. Their substantial contribution to our Spiritual Community of 550 hours equivalent of \$12 per hour is worth over \$12,000 in volunteer work.



HAPPY BIRTHDAY



June

- 2 Sherry McClure
- 7 Sarah Monahan
- 15 Nadine Heusser
- 22 Dorthy Lucas
- 25 Jessie Hopkins
- 25 CJ Jones

July

- 4 Ed Lent
- 7 Connie Silbernagel
- 18 Jim Harris
- 18 Jane Minard
- 21 Barb Cannard
- 22 Caroline Collins

NOTABLE HAPPENINGS

BETTY SWORD RETIRES!

Many of you talk to, visit, or interact with Betty in the office of Unity of Salem. Betty has decided it is time for her to retire. We will honor Betty on Sunday, July 3rd, during the worship service.

Betty has worked with EVERY Unity minister that has served Unity of Salem. She began working in the office in the early 1980s with Rev. Betty Owers. At that time, Diana Moskal was also working in the office and Betty came to help her. When Betty Owers left, Diana Moskal also stepped down from serving in the office. Betty Sword stayed on. She worked for Rev. Bill Williams and Rev. Rebecca Clark as well as with several interim ministers who served in between ministers that the church hired. She stepped away from the office work

for a period of time, however, this didn't stop her service to Unity of Salem – she was elected to the Board, and when her Board time was complete, she served on the Financial Committee.

In 1992 when Rev. Pres Preston came to Unity of Salem as an interim minister for a year, he called



Betty and asked her to return to the office once again. She has been working in the office since then.

I consider myself the most fortunate of Ministers because I have been blessed to work with Betty since 1993 when I was hired as the

full time minister and Pres stepped aside from the interim position. Much of what I learned about being a Minister I learned from Betty. She shared stories with me from previous ministers to help me over rough spots; she shared things to do, and things that it would be smart if I didn't do. If I was uncertain about a specific theme of a Sunday message, I ran it by Betty. She never hesitated to tell me if I was going in the wrong direction with something. Betty has been my editor (yes, she'll edit this piece as well), my "word-smith," my support, my confidant, and in many ways the "mother of my heart."

I know it is time for her to take a much deserved rest, however, I will miss her very much, and I know many of you will miss her also. Plan to be with us on July 3rd^h when we honor Betty. There will be a basket available for cards.

Georgie

PATHFINDERS

Thank you, Kay and Ed, for facilitating Pathfinders for many years! You are very much appreciated! Pathfinders will begin again on Sunday, Sept. 18.

THIRD POST WEBINAR

The Post webinar will be on **THURSDAY, June 9, from 6:30 p.m. to 9:00 p.m.**

UNITY PEOPLE'S CONVENTION

JUNE 13-15

The "Radiating Heart of Unity" will be the theme at convention this year in Overland Park, Kansas presented by Unity Worldwide Ministries. Gegg Levoy, Brian Luke Seaward and Cindy Wigglesworth (from past Webinars) are among the keynote speakers. For more information go to our website at www.unity.org/convention.

WOMEN WHO WEAVE THE WORLD

A Women's Retreat
June 10 - 11, 2011
Unity of Salem Campus

Join us as we "Weave a Living tapestry" of joy, trust, beauty, friendship and personal renewal. This retreat is affordable, accessible and inspiring.

The cost is \$60, including Saturday lunch and dinner. A sign-up sheet is available in the sanctuary or call Unity of Salem at 504-364-0156.

OTHER NOTABLE HAPPENINGS

AN EVENING WITH MARK STANTON WELCH



Photo from his website
<http://www.markstantonwelch.com>

You are invited to a unique concert opportunity in a private home setting with Mark Stanton Welch. Mark blends his careers as teacher and professional musician with a devotion to and expression of sound and vibration. This creates a celebration of the True Self within each human being.

Where: 5104 Vale Court S.E. in Salem (1/2 mile from Unity)

When: Saturday, June 18, 2011 from 6:30 to 9:00 p.m.

Hosts: Sharon Viehdorfer and Ann Armstrong

Donation: \$20 per person - \$35 per couple - Food and Beverage included

Seating is limited to 25 people

RSVP: The sign-up sheet is available in Sanctuary

NW REGION OF UNITY WORLDWIDE MINISTRIES CONFERENCE

By Diana Moskal

The week of May 2, Rev. Georgie Richardson, Ann Armstrong, and I attended the NW Regional gathering at Menucha Conference Center in Corbett, OR. Attendees were ministers, licensed teachers, and board members from our region of Oregon, Washington, Alaska, Idaho, Montana, and Utah. The theme was "Honoring the Passionate Soul." Karen Drucker provided wonderful music and led us in songs. A Taize service we attended was very soothing to our souls.



We presented our PowerPoint on the Transformation Experience shown at a recent Sunday service. People were very grateful for the information and amazed at how we are weaving the material into our church community. We are one of two churches in the NW region participating in the Transformation Experience pilot program. Rev. Inge Taratola ("It's Okay to be Prosperous"), Rev. Lynne Brown from Silent Unity, Rev. Philip Zemke, David McArthur, and James Trapp (CEO and President of Unity Worldwide Ministries) were some of the speakers.

Attending in this beautiful setting was time well spent; it was like a yearly reunion and a time of infilling, inspiration and renewal.

OUR CHAPLAIN DEDICATION

(Continued from page 4)

At the end of the dedication, Diana said, "I thank God for each of you, your time, your energy, and your dedication. I thank you for the many, many visible and invisible ripples of blessings that are the results of your loving service. You are indeed an incredible gift to this community." Following this, the congregation extended their hands and said the appreciation blessing to them.

Diana Moskal, our Chaplain Trainer, wrote, "I am so proud of each Chaplain who is committed to a life of prayer that is the foundation of Unity. Our purpose as Chaplains is to be a safe and sacred resource to our spiritual community by providing prayer support and encouragement. Chaplains show up on Sundays to pray one on one with people after the Sunday service, hold sacred space during gatherings and Board of Trustees meetings, make visits to hospitals and rehab centers and/or make phone calls or send a card to people recovering from surgery. They pray from the heart, lovingly listen, and honor confidentiality.

I have noticed that people who serve as Chaplains take their commitment to prayer into whatever they do and wherever they are at Unity of Salem and in the world. They are powerful prayer people and we are grateful!"



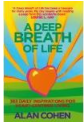
BOOKSTORE CORNER

Highlighted Books and CDs Of The Month

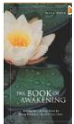
NOTICE: Unity of Salem is now a full Associate of AMAZON.COM. You can purchase any Amazon.com product through the Unity Associate website and Unity will receive up to 10% of the cost of the item. Just go to www.UnityofSalem.com or <http://astore.amazon.com/wwwunityofsal-20> and click on the Amazon.com link. You will stay on the Unity page throughout your complete order and then be transferred to Amazon.com for payment.

FEATURED AT THE UNITY OF SALEM BOOKSTORE

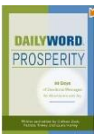
It is important to start our day with positive thoughts, prayer, and/or meditation. Some suggested books to use are:



A DEEP BREATH OF LIFE by Alan Cohen: "Consider this book a hand to hold as you scale the mountain of your destiny. In just a few minutes each day, you can step back from your worldly activity and draw in a deep breath of spiritual renewal."



THE BOOK OF AWAKENING by Mark Nepo: Oprah Winfrey says "A year's supply of inspiration every day and the perfect gift for yourself and your friends."



DAILY WORD PROSPERITY written and edited by Colleen Zuck, Patricia Tinney, and Laura Harvey: "Discover how to take a spiritual approach to being prosperous, learn spiritual jump starts that provide a rich source of inspiration and motivation and develop an awareness of and receptivity to the blessings that are there for you."

Blessings, Diana Moskal

P.S. If Rev. Georgie mentions a book in her Sunday message that is not in the Bookstore, please go to www.unityofsalem.com and click on our Amazon associate store link to order the book! Thank you.

Unity of Salem
P.O. Box 3518
Salem, OR 97302