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October/November | 2010

The Year of Spiritual Transformation

# Spiritual focus



*Unity of Salem's Mission Statement: Unity of Salem is an inclusive, joyful and fun-loving spiritual community, empowering people, nurturing oneness with the Divine Source, and inspiring conscious transformation.*



## YEAR ONE - ALL DONE

By the time you receive this Newsletter and read this message, we will have had our Celebration Sunday to complete our first year in the Pilot Program – Transformation Experience – Enlightened Leaders. This is a Pilot Program with the Association of Unity churches. Thirteen Unity churches across the nation were chosen to participate in this program and we were one of the thirteen.

It has been an exciting year for us! We have viewed four Webinars and learned about conscious conversations from Doug Krug last December '09. Doug reminded us that *our current thinking has moved us to where we are today, and that same kind of thinking must be expanded and must evolve if we are going to move to a new place in the future.* In February of this year, Cindy Wigglesworth, a recognized expert in

the field of spiritual intelligence, enlightened us about emotional intelligence and why it is a precursor to spiritual intelligence. We were able to watch her DVD on Conscious Evolution: "Where the Universe is Going and How to Join the Journey" which introduced us to the process of human development. Our third Webinar with Judith Lukomski in May was all about change; and, the fourth and last webinar of the first year was with Brian Luke Seaward who stressed the common ground that is beginning to unite the fields of science and spirituality under the premise of quantum physics and the concepts of light. We learned a great deal from these four Webinars and look forward to the second year's Webinar schedule.

During the year we identified our Core Values of: Spirit-led Leadership, Transformation, Integrity, Compassion

and Empowerment. From our Core Values we formed our Mission Statement: *"Unity of Salem is an inclusive, joyful, fun-loving Spiritual Community, empowering people, nurturing oneness with Divine Source and inspiring conscious transformation."* At the same time we created our Vision Statement for the world: *"We celebrate a peaceful world that works for all!"* We spent time with Therese Lee from the Association looking back into our history through the Genogram and identifying the success and challenges that Unity of Salem, as an entity, experienced with each of its Ministers. It was very enlightening to identify the state of the consciousness of the community as each Minister left: traumatic or peaceful. There was a lot of trauma in the past!

(Continued on Page 4)



## YEARLY AFFIRMATION

**CENTERED IN GOD, WE CO-CREATE A WORLD THAT WORKS FOR ALL.**



# A Message From The Board President

*Rosie Daily:*

## SPIRIT-LED LEADERSHIP a Year to Remember

As the Board of Trustees has practiced Unity of Salem's Core Value of Spirit-led Leadership during this first year of the Transformation Experience, we have been fully supported and blessed by our Chaplains. Throughout the year, Chaplains have held Sacred Space for the Board. When we have had challenging deliberations or decisions, we have made special requests for their support. We begin every Board meeting with prayer and ask our Wisdom Council to join us. Currently on the Board we have one Chaplain, Jane Minard and two ministers, Reverends Georgie Richardson and Mark Spencer, so we are always "prayed up."

As your trusted servants, we recently spent many hours in prayerful consideration of our youth programs, specifically regarding the YOU and Uniteen programs. We received input from many community members who have been closely involved. The Board and Leadership Team have had additional meetings to evaluate our youth programs in great depth. Spirit is revealing many opportunities for growth as Unity of Salem develops the skills, talents and wisdom to become a program church and to improve our youth services. There is a community gathering in support of our youth programs planned for the evening of October 12, 2010 at 7:00 p.m. in the sanctuary.

This recent email from Chaplain Barb Vandepas eloquently summarizes some of gifts we have to celebrate: "I have been reflecting on the many transformative changes that have happened this last year. HUGE, BIG CHANGES! Some

magnificent, some challenging, some upgrading (technology); lots of internal blessing and releasing. All requiring us to be on our card, tap into Divine Source, and rise to our spiritual Self, moving ego to the passenger seat. ALL GIFTS FROM GOD, 'cause it's all God and ALL necessary changes for us to be a program church."

When I read Barb's email, I felt deep gratitude for all of our Enlightened Leaders, Evolutionary Council; Leadership Team, staff and team leaders who have served with such dedication this year. We really attracted great energy when we called our Consultant Guide Cindy Henson to Unity of Salem. She has supported us through prayer, her expertise, her fun-loving spirit and her belief in us as brilliant and magnificent beings.

Another way Spirit is leading us is through the larger community. Our Interfaith Peace Festival continues to feed our souls and bring lessons in truth from our many brothers and sisters of every faith. Each of us who participated this year has precious memories of that day and all the collective wisdom that was shared. The music expressed our joy and carried us to new heights of understanding. Each person, song, ceremony and activity enhanced Unity of Salem and all who come here.

We are abundantly blessed with a year of great experiences, fond memories, growth, stretching, and having the faith that Spirit within is guiding, teaching, and showing the way. Next year promises great gifts as well! Thank you, God.

**"When we laugh at ourselves, it means that we can see ourselves and the unaware cause of our actions, which then indicates we are ready to step out of circumstances we do not want, and to accept what we do want."**

## BOARD / STAFF AND LICENSED TEACHERS

### BOARD MEMBERS

**President** – Rosie Daily  
**Vice President** – Jane Minard  
**Vice President** – Ray Nunez  
**Secretary** – Berta Aronson  
**Treasurer** – Sally Cummins  
**Members** – Rev. Georgie Richardson and Barb Cannard  
**Alternate** – Mark Spencer

### STAFF

**Minister** – Rev. Georgie Richardson  
**Office Coordinator** – Betty Sword  
**Minister's Associate** – Diana Moskal  
**Youth Education** –  
Ann Armstrong – Coordinator  
Sharon Veihdorfer – Assistant  
**Music Director** – Rebecca Shepard  
**Choir Director** – Kathleen Walter  
**Pianist** – Rebecca Shepard  
**Multi-Media Team** –  
Paula Wills, Director  
Randy Julian – Soundboard Co-Leader  
Caroline Collins – Powerpoint Co-Leader  
**Operations Coordinators** – Paul Wilson  
Steve Shepard and Jim Harris  
**Leadership Development** – Dr. Bonnie Staebler – Director  
**Unity Photographers** – Randy Julian, Jim McCreary and Tammy McCammon  
**Newsletter Coordinator** – Paula Wills  
[PKWills@QuantumBreakthru.com](mailto:PKWills@QuantumBreakthru.com)  
**Webmaster** – Paula Wills

### LICENSED TEACHERS

Diana Moskal  
Ann Armstrong

**DIAL-A-PRAYER**  
503 364-6057

**Website:**  
<http://www.UnityOfSalem.com>

**E-Mail:**  
[unityonthehill@aol.com](mailto:unityonthehill@aol.com)

Unity of Salem  
Phone: 503 364-0156  
Office Hours: 10-4 Mon. - Thurs.  
P.O. Box 3518  
Salem, OR 97302

Sunday Service at 10:30 AM



# WHAT'S NEXT?

*Upcoming Classes and Events*

## UNITY VILLAGE HEALING VIGIL

**Wednesday, November 17<sup>th</sup>**

You are invited to join with Unity Village in a Healing Vigil on Wednesday, November 17<sup>th</sup>, to pray for Earth and all its inhabitants. This is a pivotal time. We are being called more than ever to hold our world in a loving, healing consciousness--to pray for the awakening of humanity and the dawning of a new era of peace, health and harmony on planet Earth.

The affirmation being used is: "With my heart open to God's renewing love, I affirm and accept healing for myself and for our Earth."

Thank you for opening your heart to Spirit...and for helping manifest love and healing in our world.

## THANKSGIVING SUNDAY

**November 21<sup>st</sup>**

As we celebrate Thanksgiving, we invite you to bring food gifts to church on November 21<sup>st</sup>. All of these gifts of food will be given to the Salvation Army to help those folks who are currently experiencing a difficult time in their lives. You may bring one gift of food or a full sack as Spirit guides you.

## UNITY FRIENDS GIVING EVENTS

### THANKSGIVING:

Unity Friends is planning to adopt three families from our congregation this year to enhance their Thanksgiving Holiday. If YOU would like to participate with a love offering, please submit a check and write Unity Friends/Thanksgiving on it. Your loving support is deeply appreciated. We will also be adopting three families in our congregation for Christmas. More information on this event will follow.

### CHRISTMAS:

Once again we are collecting stuffed animals for the Salem/Keizer Homeless Program. We anticipate a need for 175 stuffed animals, so all of the children will be able to take home a new fuzzy friend. Bring them to the Sanctuary over the next two months so we can love them up and prepare them for their next home. The Christmas Party for the children will be held on Saturday, December 11<sup>th</sup>. You are invited to attend the event. There is always a need to help with the children. If you have any questions about this event, you may talk to Ed and Kay Lent, the Event Coordinators; or, you may speak to Diane VanGorder, Team Leader.

Thank you for your support in making this another successful year for the children.

## HOW TO MANIFEST THE LIFE OF YOUR DREAMS

**A Workshop with Dr.  
Garland Landrith**

**Sunday, October 31<sup>st</sup>  
12:30 – 4:00  
and  
Monday, November 1<sup>st</sup>  
7:00 – 10:00**



Dr. Landrith's research was cited on the movie "What the Bleep Do We Know". He was involved in the area where they took over 4,000 people into Washington D.C. and actually changed the crime rates while they were there. Dr. Landrith will be our guest speaker for the Sunday service on Sunday, Oct. 31<sup>st</sup>, and will present a two part workshop: Sunday afternoon and Monday evening. Cost is \$49.00.

Dr. Landrith has presented in numerous Unity Churches across the country giving lectures and workshops about the Quantum Field and also about Tapping on Acupuncture points with ones fingers. You will receive hands on training in growth stimulating and manifestation techniques as Dr. Landrith teaches us how to create the life of our dreams. Dr. Landrith says that we are Quantum Beings, so it makes sense that we use this Quantum Technology as a starting point for manifestation.

This is a cutting edge workshop, mark your calendar now! Check out Dr. Landrith's web page at [www.theuniverselieswithin.com](http://www.theuniverselieswithin.com)

**Fall Back An Hour  
November 7th  
Daylight Savings  
Time Ends**

# MINISTER'S MESSAGE AND OTHER NEWS

(Continued)

## TAIZE HEALING PRAYER SERVICE

Thursday, November 18<sup>th</sup>  
at 7:00 p.m.

Our next Taize healing prayer service will be held the Thursday evening a week before Thanksgiving. As we share our harvest this fall, we express gratitude for the abundance in our life. Taize is a meditative sacred service of song and prayer, creating an environment where we can go within to a deeper level of connectedness to our Higher Power.

## UNITY FRIENDS THANKS YOU

Unity Friends would like to thank you for your generous gifts of back pack and school supplies. We collected 34 backpacks and lots of miscellaneous school supplies. A special thank you to Deborah Vedder and Linda Peterson for guiding us with this event.



Some people hug trees, some people kiss them.

## NATURE HABITAT NEWS

By Barb Vandepas

The Nature Habitat Team created a landscape plan for God's gift of trees. As you experience the gift from your car, the sanctuary or modular, or walk among them, remind yourself, "It is God's good pleasure to give us the Kingdom of Heaven!" The grove of 30 Ash trees in the southeast corner of our sacred nine acres is thriving. The Maples and Oaks planted in the northeast part of the property will be seen from the windows of our future sanctuary! We will be planting wild flower seeds around the base of the trees in October.

With landscape map in my hand, new driveway and bioswale plans in Jim Harris' hand, and sledgehammer in Paul Wilson's wheelbarrow, we walked our sacred 9 acres mid-September. Paul pounded in stakes for "forever homes" for 58 of our 81 trees. I was in awe of Spirit's blessing all day! My heart was open. I realized the 3 of us were representing 3 collaborative teams: Nature Habitat, Grounds, and Core Team. Our teams have worked *many* months separately and together preparing & listening for the next step in God's plan. The Board will take into consideration *all* the needs of the church and decide the sequence of the transformation of the sacred nine acres. The nature spirits have energized the land and eagerly anticipate the fall. As you hear the birds sing their delight, or squirrels gather acorns and berries, give thanks. As you enjoy gorgeous autumn colors, give thanks.

Some of the beautiful souls of our Habitat Team

## Year One – All Done (Minister's Message Continued)

Of course we have had four visits this year from our wonderful Consultant Guide, Cindy Henson. She has guided our Leadership Group, and our Evolutionary Council; she has led community meetings and taken us through exercises and rituals and we have grown and stretched.

All of this has continued to increase the energy of transformation, and as it does so, more and more of us understand the dynamics of transformation. With that understanding there is less and less fear involved and we move through the process with greater ease and grace. This second year will prove even more fruitful and definitive because we have a greater understanding of the transformational process, what to look for, what to expect, and how to handle it gracefully. We invite all of you to enter into this process in any way in which you are guided. During the year of 2011, Diana Moskal will be presenting *The Art and Practice of Living as Though Nothing and No One is Against You*. When that class is offered, be sure to sign up. This one class itself is a powerful agent of transformation.

I look forward to all of us making the commitment of transformation together. ***Now is the time: We are the ones!***

Blessings,  
Georgie



# OTHER NOTABLE HAPPENINGS

*Exciting Happenings At Unity of Salem*

## WOULD YOU LIKE TO JOIN UNITY OF SALEM?

Unity of Salem receives new members into the church once a year. Becoming a member of the church allows you to:

- \* Become a Chaplain
- \* Vote at annual and special meetings
- \* Become a member of the Board of Trustees

If you are interested in joining the church, the following events, classes and workshops are required of new members:

1. Saturday, December 4<sup>th</sup>, 10:00-12:30 an Orientation meeting with Rev. Georgie Richardson;

2. A New Member class taught by Ann Armstrong, Licensed Unity Teacher and Youth Education Director, will be held on Saturday mornings beginning on January 8<sup>th</sup> through February 19<sup>th</sup> from 9:30 to 11:30;

3. Sunday afternoon, February 27, 12:00 - 1:30 a Service Workshop facilitated by Diana Moskal, Licensed Unity Teacher and Minister's Associate; and

4. Sunday, March 6<sup>th</sup>, during the Worship Service, is the New Member Ceremony.

As part of this process, you will be assigned a Mentor who will hold you in prayer, be available to answer questions, and help you learn your way around the church and meet new people.

If you are interested in becoming a new member, please sign up on the signup sheet on the kitchen counter. Please note: these dates are firm, you are required to attend all of the events (however, illness and family crises will be taken into consideration).

There is a suggested \$10.00 weekly love offering for the New Member class.

## APPRECIATION AND GRATITUDE CORNER



**THANK YOU, THANK YOU, THANK YOU:**

**We offer deep appreciation to the following:**

To **Kay and Ed Lent** for returning to Pathfinders for another year of teaching, talking, and transformation.

To **Rev. Mark Spencer** for facilitating our Course In Miracles Group.

To **Margarita Nunez** for stepping into the role of co-sponsor of the Uniteens.

To **Sarah Monahan** for your long service with our Tots in the Children's Universe. We welcome your presence in the adult church.

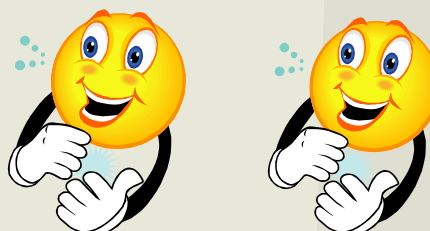
A **GREAT BIG THANK YOU** to everyone who served on our third annual Interfaith Peace Festival. It takes a **WHOLE** Unity Village to sponsor such a huge event.

To our fantastic, wonderful, awesome **Grounds and Building Team** for all of the work this spring and summer to keep our buildings and grounds in good condition! You are fantastic!

To **Diana Moskal**, for returning to us for another year after your summer off!

To **Diane VanGorder** for your continued leadership of the Unity Friends Team; and, thank you **Team** for all of your time and effort in support of our outreach program.

To all of you, and so many more, we say, "We love you, we bless you, and we appreciate you!"



## HAPPY BIRTHDAY



October:

- 1 Karen Henderson
- 4 Sharon Viehdorfer
- 5 Alice Sawyer
- 8 Emily Wieczorek
- 15 Diane Bunn
- 17 Mark Spencer
- 18 Kathleen Walter
- 20 Sherry Burge
- 27 Paul Wilson
- 29 Peggy Brown
- 29 Lydia Clark

November:

- 1 Merilee Corey
- 4 Ray Nunez
- 9 Bonnie Young
- 9 Joyce Little
- 9 Jim Crilly
- 18 Roland Clark
- 20 John Meyer
- 24 Jim McCreary

# YOUTH NEWS AND ACTIVITIES

## UNITY OF SALEM YOUTH ED. PROGRAM

### Evolving Program – Evolving Name

For the past couple of years we have been searching for a new name for our children's program downstairs to match our new energy which has been evolving for the children's program. We have tried out Children's Universe (a really big concept). Now a wonderful new name has emerged - Children's Sanctuary. Upstairs we have the church sanctuary, where everyone gathers for Sunday services, classes, etc. A Sanctuary for Children seems most appropriate. So, we are going to try that on for size this year. When you hear news from or about the Children's Sanctuary, you will know what we mean.



The 2010 Abundance from the Unity Pea Patch



## CHILDREN'S CURRICULUM FOR 2010 - 2011

For the school age children in the Children's Universe, we will be using a relatively new curriculum developed by the Youth Consultant Team from Unity Worldwide Ministries entitled "Celebrating My God Self." Our own Sharon Viehdorfer participated in developing this curriculum. It consists of 6 books, each providing lessons for 12 weeks, including separate activity tracts for younger and older children. A corresponding curriculum for children ages 4 through 6, "What a Wonderful World" will be used for the younger children.

The children's lessons are very experiential. The materials are Bible based, using some of the familiar stories of the Bible. Topics for September focused on "What is God?" Sharon, our Assistant Youth Education Director, told the story of Moses and the burning bush. In order to follow our Unity practice of interpreting the Bible metaphysically, we not only need to focus on this but to make the story understandable on the children's level.

So, if you hear stories of Moses going on a vision quest up Mt. Hood, you can see the relevance. The children made a "burning bush" during their creative time and re-enacted the story to understand the concept that God is like a fire that burns, but does not hurt or destroy. Look on our big board for other concepts of God being presented.



## TEEN NEWS ANNUAL SPAGHETTI FEED & KARAOKE EVENING

**Friday, October 8<sup>th</sup>  
starting at 6:00 p.m.**

Back by popular demand, the Karaoke experience everyone enjoyed during Fun-in-the-Sun this summer is being repeated with our annual teen sponsored Spaghetti Feed. Dinner will be served from 6:00 p.m. until 7:00 p.m. with the great entertainment of everyone engaged in Karaoke at 7:00 p.m. The Uniteens and Y.O.U. will be serving green salad with choice of dressing, piping hot French or garlic bread, spaghetti or Lasagne (both meat and meatless), and ice cream Sundaes. This event is presented on a Love Offering basis, as a fundraiser for the Teen Regional Retreats. There will be a sign-up sheet in the kitchen. Bring all your friends, neighbors and relatives for a great fun-filled evening!!

## FALL TEACHERS TRAINING

The Northwest Region is sponsoring a Teachers Training for all Unity teachers and sponsors in the area on Saturday, October 23, 2010, with trainings especially designed for teachers of two groups: children and teens. This will be hosted by Unity of Portland and Unity trained Youth Leaders from the Northwest Region Marilu Greco and Chris Castaldi will be leading the two separate groups. Unity of Salem will have a large group attending. We are very fortunate to have this training in our area and expect to be inspired and bring many ideas back to Unity of Salem.

Ann Armstrong  
Youth Education Coordinator

# OTHER NOTABLE HAPPENINGS

(Continued)

## A STORY OF TRANSFORMATION

By Jaime Niktab



I first entered Unity of Salem in August 2009, after attending the Interfaith Peace Festival the previous day. I'd given up on religions years ago but remained a constant practitioner of prayer and followed up on all "promptings of the spirit" as I call it. At the festival I watched a DVD titled, "What is Unity?" I listened in amazement as Myrtle Fillmore's story of healing was told: one which mirrors my own personal experience of my son's healing. Filled with awe, joy, and familiarity, I vowed to attend service the next day.

It just so happened that a guest speaker, Rima Bonario, was scheduled to address the congregation after Sunday worship that day. Since I'd felt so at home and knew I'd be returning, I decided to stay and hear what was being discussed: a pilot program called, 'The Transformation Experience'.

Rima's power point flashed the now familiar butterfly onto the screen. Suddenly, I felt myself propelled forcibly into my chair. Rapid snapshots of lifetime experiences raced along both sides of my peripheral vision instantaneously in a funnel shape. The result: a profound knowing that *everything I've ever done and experienced culminates in this very moment, for this very purpose.* Peace, joy, and amazement descended upon me: my journey's unfolding. During the discussion, I tried desperately to hold my tongue only to eventually raise my hand and blurt, "I feel like I've won the lottery by being here!" I signed up to be an Enlightened Leader and soon was asked by Georgie to be a member of the Evolutionary

Council, and I readily agreed. Hungrily, I devoured every Unity book I got my hands on, took as many classes as were offered, and volunteered for everything I could. Roughly five months into my attendance, during a Sunday sermon, I knew I was to be a Unity minister.

My life has been a constant series of "listening to the still small voice" and taking action. My first action was to take my thoughts to Georgie; she gave me a sincere blessing of confidence. My prayers became a daily vigil to become worthy of such a calling – one I didn't choose, but neither can deny. The pattern has been established long ago for me - when I know I've been told what I need to do or never feel at peace; this time isn't any different, I'm just *that* much older.

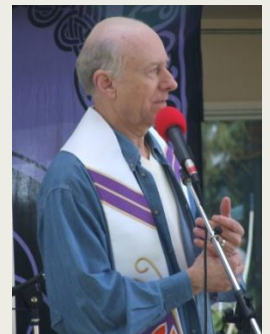
And so it is that I found myself saying good-bye earlier than I expected or wanted. I just finished the 8 credits to get my B.A. after briefly moving back to Eugene. This next weekend will complete a full year of my Transformation Experience leadership roles and I am packed to move to Missouri, leaving after Sunday's Service on the 26th.

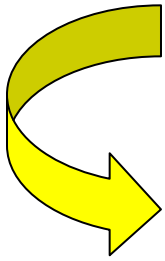
I cannot say that the journey is or will be all pleasantness and joy; I've already had many lapses of deep loneliness and questioning. Unity of the Valley in Eugene is very different from what I call "my home" (Unity of Salem). How easy it would be to drive back weekly, but that is not how I'm to learn. There have been "dark nights", but far, far more brilliant days. The synchronicity I'm experiencing is delightful; the journey one of an unfolding of day by day doings, one step at a time, practicing of the now because the future truly can seem a little scary if I'd let it. What keeps me faithful is the knowledge that I come from a good home – Unity of Salem. Many are holding the high watch for me, and I've had amazing validations from those I call "my special angels". It is because of all of you, seeing me, that all has come to this fruition. What a blessing it surely is to enter these doors and win the lottery: a lottery of angels.

To be continued.

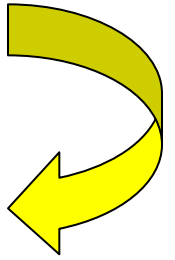


2010 Interfaith Peace Festival Speakers and participants.



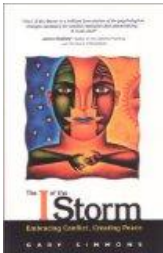


**BOOKSTORE CORNER**  
(HIGHLIGHTED BOOKS/CDS OF THE MONTH)



**NOTICE:** Unity of Salem is now a full Associate of AMAZON.COM. You can purchase any Amazon.com product through the Unity Associate website and Unity will receive up to 10% of the cost of the item. Just go to either [www.UnityofSalem.com](http://www.UnityofSalem.com) and click on the Amazon.com link or go directly to <http://astore.amazon.com/wwwunityofsal-20>. You will stay on the Unity page throughout your complete order and then be transferred to Amazon.com for payment.

The Unity of Salem Bookstore is featuring:



**THE I OF THE STORM – Embracing Conflict, Creating Peace** – by Rev. Dr. Gary Simmons. In this book we learn to go beyond merely managing the conflict in our lives to actually embracing the conflict, allowing it to teach us what we otherwise might not learn. This process leads to peacemaking--whether it be within ourselves, in our relationships, or as a result of outside circumstances.

Some of the chapter titles are: "No One Is Against You, The Four Winds of Conflict, Living on Purpose, See It Right, Not Make It Right, and The Power of Center.

"The only true relationship is one based upon wholeness. Gary Simmons guides us out of our excuses, fears, and conflicts to create authentic relationships and quality living" - Thomas F. Crum, author of "The Magic of Conflict" and "Journey to Center."

P.S. If Rev. Georgie mentions a book in her Sunday message that is not in the Bookstore, please go to [www.unityofsalem.com](http://www.unityofsalem.com) and click on our link Amazon associate store link to order the book! Thank you.

Unity of Salem  
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