

# Unity of Salem Newsletter

November/December 2004

2004: The Year of Wholeness

## Minister's Message

Dear Friends,

We all know what mass hysteria is, don't we? We know what "crowd consciousness" is. We know how that works because as Metaphysicians we understand the collective consciousness, and we understand that we are all depositing to and withdrawing from the collective consciousness.

We have seen the fear index in America (and indeed around the world) gradually move up the ladder until we are at a point now with a shortage of flu vaccine that our elderly are so frightened they are forming lines in the wee hours of the morning hoping that if they stand there long enough they will get their shot; and, some are standing in line three, five, seven even nine hours. Some do get the shot, others, unfortunately, find the vaccine has run out before they get to the front of the line.

My friends, as practicing Metaphysicians, we must do everything we can to hold back the wall of fear that is threatening to engulf all of us. I know it is a little like putting our finger in the dike, only to watch another leak spring forth, however, if we all focus together on feeding the good and the healthy, the positive and productive in our world, we will be counterbalancing this focus of frenzied feeding of fear.

Recently, at the Regional level, we have launched a new project called Keeper of the Light of prosperity. One person from every church in the Region is being invited to be Keeper of the Light. This person will simply hold the Light of prosperity for their church and for the Region as a whole. Spirit called Becky Shepard, our Music Director, to serve in this capacity for Unity of Salem. All of the Keepers will be connected via e-mail holding the same affirmation and prayer for all. Jesus said, "When I am lifted up,



I'll lift all with me." When we hold the consciousness of the Christ at work in our lives, a faith that God truly is our Source, and an intention to feed the collective consciousness with our faith, we ourselves are not only lifted up, but we truly lift all others with us.

As we move into this holiday season, let everyone of us set out a conscious intent to hold the high watch for our families, our church, our nation and ourselves. Our world needs us now, my friends; we must not let it down by allowing ourselves to be caught in fear.

Peace and Blessings,

Georgie

### **TEDDY BEARS RETURN:**

For over ten years Unity of Salem has been gathering Teddy Bears beginning in the month of November. The bears fill our Sanctuary and we love on them and then just before Christmas all the bears march out to some child's outstretched arms taking our loving energy with them. Watch for just the perfect bear that will reach out to you.



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Diana Moskal  
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Unity of Salem

Phone: 503 364-0156

Office Hours: 10-4 Mon. - Thurs.

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Salem, OR 97302

Sunday Service at 10:30 AM

**Hello, Beloved Shining Lights!**

*by Jyoti Light, Board President*

In the last newsletter, I wrote about my experiences with a lump that had been discovered in my body, and my emotional and spiritual processes around healing that. As you may recall, I mentioned that I'd sung a healing song with Georgie's meditation one Sunday and felt a healing. I opened my being to the possibility of instantaneous healing, really took it in, and felt a sparkling light fill me. I didn't know what to make of it in my head, but I knew what I'd felt.

The follow up is this: I almost had surgery, but at the last minute, timing issues led to me cancel the surgery. A synchronistic phone call led me to have an illuminating conversation with a medical intuitive. I went to a new doctor (who, "coincidentally", had been an Living Enrichment Center congregant). After viewing the previous medical reports, she suggested surgery, but I told her I wouldn't be surprised if there was no longer a lump there, as I'd felt a healing. She didn't bat an eye, and agreed to order a follow-up ultrasound. I had the ultrasound, which showed that there was nothing there where previously there had been a sizable lump. I went whooping out of the place, with tears of joy and elation, wanting to tell everybody I could, "Yes! Healing happens!"

In the past, I'd accepted intellectually that healing is possible, and I've often said to others, "There is nothing that cannot be healed." Now I don't just believe it in my head, I know it firsthand! I believe we can decide not to buy into beliefs about inherited illnesses, family history, permanent damage or incurable diseases. I believe that our bodies are part of our lessons, and that conditions within our bodies can strike at the heart of our fears, and/or they can instruct and illuminate us, as well as teach us a different way to live. This past Sunday, Georgie talked about Christopher Reeve, who reminded us that we are so much more than just a physical body. We are spiritual beings, and we can use our mind, heart and spiritual light to love and heal the body. Love your body, fully embrace its gifts and its possibilities, and give thanks for the ways it allows you to enjoy this beautiful planet. Know that healing of ANYTHING is possible! And healing can take many forms - from a lump disappearing, to having surgery or chemo, from living in grace and acceptance with a physical condition, to being released into death. Believe the possibility of healing!

Thanks to all who kept me in their prayers, for I am sure your loving prayer energy contributed to my healing.

Namaste, Jyoti

## Letting Go – A Practice For Greater Happiness

*A workshop with Kathy Zavada*

Sunday, November 14<sup>th</sup> 1 pm to 4 pm

Suggested Love Offering: \$20

The most basic condition for happiness is freedom. Freedom from the mental formations of anger, despair, jealousy, delusion, and anything that blocks the heart. There are solid and practical practices that help us to release and transform these difficult feelings and thought formations when we let go a little we have a little happiness. When we let go a lot we have a lot of happiness. When we let go completely, we are free.



Recording artist, speaker and workshop presenter Kathy Zavada will offer a powerful and supportive workshop on "LETTING GO: A KEY TO GREATER HAPPINESS" on Sunday, November 14<sup>th</sup> from 1:00 to 4:00 pm. She will guide participants through a compassionate journey of freeing the heart and opening to the greater love we all yearn to experience. Through music, guided meditation, self-reflection, a practice one can take with them, and group sharing we will find great support in releasing, letting go, and opening up to greater happiness and peace. Please join us for a deeply transformative and beautiful event!

Kathy Zavada is a recording/performing artist and speaker dedicated to living and inspiring a life of peace and loving kindness. Her latest CD "Journey Home" was voted in the top ten best new age CD's of 2002 by [Amazon.com](http://Amazon.com). She tours nationally and her schedule can be found at [kathyzavada.com](http://kathyzavada.com).

## CHAPLAINCY PROGRAM

I attended the Chaplains training at Unity of Phoenix in August -- yes, we had air conditioning! There were 25 of us (including Pres and Candy Preston) from all over the United States. It was led by Rev. Lei Lanni Burt. I had a wonderful experience at the training that started on Thurs. night, and continued all day Friday and Saturday. The finishing touch to the training for me was a train trip to the Grand Canyon - beauty beyond words! Unlike hospital chaplains, Unity Chaplains are not ordained and are not trained to counsel people. Unity chaplains are trained as a lay resource to help meet the pastoral care needs within a Unity community. A Unity Chaplain is trained to support you on your spiritual mission, will hold sacred space with you, will listen to you and hold what is heard in confidence and will pray with you.

No prior experience in prayer or praying with others is required to serve as a Unity Chaplain. You must be an active Unity of Salem member. Therefore, I will be starting the training after the Unity Basics class that Ann Armstrong will be teaching next year and after Georgie's workshop on Prayer. I invite people to prayerfully consider becoming a Chaplain. It is a unique service opportunity that will strengthen our prayer focus at Unity of Salem and provide comfort and support to our spiritual community. Details about the training and commitment involved after the training will be explained in an Information meeting in the modular after the Sunday service on Nov. 21. Snacks will be served! If you have any questions, please call me at the church office.

As Rev. LeiLanni said, "the Chaplaincy is a sacred call that has no need of titles, wealth, or possessions. It is simply remaining an open channel to give the greatest gift that Jesus brought to all. The gift of Spirit to Love All Unconditionally."

When we create spiritual space, listen from our hearts and pray, the blessings flow!

In Peace and Love,

Diana Moskal

**THANKSGIVING SUNDAY:**

Sunday, November 21st is our special Thanksgiving Sunday. Please plan to bring a gift of food for those folks who are currently experiencing less good fortune than you are. We will be bringing our gifts to the Altar during the service as part of our traditional Thanksgiving ritual.

**CHRISTMAS SUNDAY SERVICE:**

December 19th will be our traditional Christmas Sunday service and we will offer the ritual of anointing by Georgie. This has been a very meaningful tradition throughout the years at Unity of Salem. Please plan to join us for this service, and also for the Christmas Eve Service.

**CHRISTMAS EVE SERVICE:**

Candlelight service for Christmas Eve will be held on Friday evening, December 24th at 7:00. You are invited to attend as preparation for Christmas Day.

The choir will sing, a message and meditation will be offered, and we will once again experience the wonderful ritual of lighting our Christ candle. A love offering will be received and childcare will be provided.

**BURNING BOWL SERVICE:**

January 2, 2005, the first Sunday of the New Year we will have our traditional burning bowl ceremony in which we have an opportunity to release something we do not want to bring into the new year, and also pick an Angel Card as our Angel of the year.

**WANT TO JOIN THE CHURCH?**

For the past three years we have opened membership to the church only once a year. To become a member of Unity of Salem, one needs to attend an orientation meeting with Georgie, take a Unity Basics class taught by Ann Armstrong, LT, a service workshop with Diana Moskal, LT, and a Prayer workshop with Georgie. At Unity of Salem we feel membership in the church is a very serious step of commitment. The dates for the upcoming membership requirements are:

- Orientation meeting    December 4, 2004 (Sat.)  
10:00-12:30 - in the modular
- Unity Basics class     Jan 13, 20, 27 and Feb. 3,  
10 and 17 (Thurs) - church
- Service workshop      Jan 23 (Sunday) 1:00-2:30 - modular
- Prayer workshop       Feb. 6 (Sunday) 1:00-2:30 - modular
- New Member Sunday    March 13 (Sunday) during the service.

There is a sign up sheet in the kitchen. If you are interested in taking this step, please sign up.

**WHAT THE #@^\*#@:**

Fred Alan Wolf PhD, one of the physicists from the movie "What The Bleep" will be visiting Unity of Salem on Saturday, January 15. He will be lecturing and sharing his new book. Mark your calendar now; you won't want to miss this one. Cost \$5.00. Childcare WILL NOT be available.

**I am Alive, Alert, Awake and Enthusiastic. I am Whole. I am Free. Thank You God!**

## The Emperor's Seeds

*Author Unknown*

An emperor in the Far East was growing old and knew it was time to choose his successor. Instead of choosing one of his assistants or his children, he decided something different.

He called young people in the kingdom together one day. He said, "It is time for me to step down and choose the next emperor. I have decided to choose one of you."

The kids were shocked! But the emperor continued. "I am going to give each one of you a seed today, one very special seed. I want you to plant the seed, water it and come back here one year from today with what you have grown from this one seed. I will then judge the plants that you bring, and the one I choose will be the next emperor!"

One boy named Ling was there that day and he, like the others, received a seed. He went home and excitedly told his mother the story. She helped him get a pot and planting soil, and he planted the seed and watered it carefully.

Every day he would water it and watch to see if it had grown. After about 3 weeks, some of the other youths began to talk about their seeds and the plants that were beginning to grow. Ling kept checking his seed, but nothing ever grew. 3 weeks, 4 weeks, 5 weeks went by. Still nothing.

By now, others were talking about their plants but Ling didn't have a plant, and he felt like a failure. 6 months went by; still nothing in Ling's pot. He just knew he had killed his seed. Everyone else had trees and tall plants, but he had nothing.

Ling didn't say anything to his friends. He just kept waiting for his seed to grow. A year finally went by and all the youths of the kingdom brought their plants to the emperor for inspection.

Ling told his mother that he wasn't going to take an empty pot but his Mother said he must be honest about what happened. Ling felt sick to his stomach, but he knew his Mother was right.

He took his empty pot to the palace. When Ling arrived, he was amazed at the variety of plants grown by the other youths. They were beautiful, in all shapes and sizes. Ling put his empty pot on the floor and many of the other kinds laughed at him. A few felt sorry for him and just said, "Hey nice try."

When the emperor arrived, he surveyed the room and greeted the young people. Ling just tried to hide in the back. "My, what great plants, trees and flowers you have grown," said the emperor. "Today, one of you will be appointed the next emperor!"

All of a sudden, the emperor spotted Ling at the back of the room with his empty pot. He ordered his guards to bring him to the front. Ling was terrified. "The emperor knows I'm a failure! Maybe he will have me killed!"

When Ling got to the front, the Emperor asked his name. "My name is Ling," he replied. All the kids were laughing and making fun of him. The emperor asked everyone to quiet down.

He looked at Ling, and then announced to the crowd, "Behold your new emperor! His name is Ling!" Ling couldn't believe it. Ling couldn't even grow his seed. How could he be the new emperor?

Then the emperor said, "One year ago today, I gave everyone here a seed. I told you to take the seed, plant it, water it, and bring it back to me today. But I gave you all boiled seeds, which would not grow. All of you, except Ling, have brought me trees and plants and flowers. When you found that the seed would not grow, you substituted another seed for the one I gave you.

Ling was the only one with the courage and honesty to bring me a pot with my seed in it. Therefore, he is the one who will be the new emperor!"

*The Emperor's Seed Continues:*

If you plant honesty, you will reap trust.  
If you plant goodness, you will reap friends.

If you plant humility, you will reap greatness.  
If you plant perseverance, you will reap victory.

If you plant consideration, you will reap harmony.  
If you plant hard work, you will reap success.

If you plant forgiveness, you will reap reconciliation.  
If you plant openness, you will reap intimacy.

If you plant patience, you will reap improvements.  
If you plant faith, you will reap miracles.

But:

If you plant dishonesty, you will reap distrust.  
If you plant selfishness, you will reap loneliness.  
If you plant pride, you will reap destruction.

If you plant envy, you will reap trouble.

If you plant laziness, you will reap stagnation.

If you plant bitterness, you will reap isolation.

If you plant greed, you will reap loss.

If you plant gossip, you will reap enemies.

If you plant worries, you will reap wrinkles.

If you plant sin, you will reap guilt.

So be careful what you plant now, it will determine what you will reap tomorrow.

**Birthdays**

|                       |  |
|-----------------------|--|
| Nov. 1 <sup>st</sup>  | Marilee Corey                                    |
| Nov. 6 <sup>th</sup>  | Linda Androes<br>Stein Agaberg                   |
| Nov. 9 <sup>th</sup>  | Bonnie Young                                     |
| Nov. 18 <sup>th</sup> | Rich Bass  |
| Nov. 20 <sup>th</sup> | John Meyer                                       |
| Nov. 24 <sup>th</sup> | Jim McCreary                                     |
| Nov. 25 <sup>th</sup> | Kevin Ort  |
| Dec. 4 <sup>th</sup>  | Linda Wixon                                      |
| Dec. 11 <sup>th</sup> | Bonnie Staebler                                  |
| Dec. 14 <sup>th</sup> | Denita Wallace                                   |
| Dec. 18 <sup>th</sup> | Candy Preston<br>Carol Blanchette                |
| Dec. 21 <sup>st</sup> | Joanell Manuel<br>Victoria Halsey<br>Jyoti Light |
| Dec. 22 <sup>nd</sup> | Kathy Munsel                                     |
| Dec. 23 <sup>rd</sup> | Lois Jones                                       |

**COMING ATTRACTIONS...**

**Daily:** Pause for Peace 9 a.m. & 7 p.m.

**“Let there be peace on earth, and let it begin with God’s love in my heart”**

**Sundays:** 10:30 a.m. service and youth education, 10:30 a.m.

**First and third Sundays:** Pathfinders 9:00 a.m.

**Thursdays:** Noon meditation, followed by brown-bag lunch. A Course In Miracles, 7:00 p.m.

**Month of November:** Please bring a Teddy Bear to the Sanctuary.

**Nov. 7th:** Pathfinders 9:00 a.m.; **and** Noetic Science, Y.O.U. room 6:30 p.m.

**Nov. 14th:** 1:00 p.m. – 4:00 p.m.: Workshop – “Letting Go – A Practice For Greater Happiness” with Kathy Zavada.

**Nov. 21st:** Pathfinders 9:00 a.m.; **and** Noetic Science, Y.O.U. room 6:30 p.m.

**Nov. 21st:** Thanksgiving Service – Please bring a gift of food to the Service.

**Dec. 19th:** Traditional Christmas Sunday service and we will offer the ritual of anointing by Georgie

**Dec. 24th:** Candlelight service for Christmas Eve will be held on Friday evening at 7:00.

**Jan. 2nd:** Burning Bowl Ceremony.

**THANK YOU, THANK YOU! AND HATS OFF TO:**

All of the wonderful painters who stepped up to the plate and painted the barn, and the sanctuary. Our church is looking wonderful thanks to your T.L.C.

To the Angel who donated the dollars to underwrite our wonderful T-shirts, and a special thank you to Ruth MacLeod for handling the T-shirt details.

To the Angel who paid to have our windows professionally cleaned.

To Ralph Stevens and his wonderful helpers who have lovingly cared for our rose garden all summer. We have had beautiful roses and the garden looks magnificent.

To Nancie Anderson for tending to our trees who have lived past their prime.

Estella and Reiny for lovingly cleaning ALL the chairs in our Sanctuary.

And an extra special thank you to Bonnie Jean Young and Bonnie Lou Staebler for being the leaders of the new Reader’s Theater Team.

And, finally, a very big THANK YOU to Kevin Ort for his many years of serving in our children’s church. Kevin is leaving his position as Uniteen Leader and while we will miss him very much, we thank him from the bottom of our heart for the many years he so willingly and lovingly served our kids.

**WHAT DO YOU THINK OF OUR NEW LOOK?**

Thanks to many hands, our church Sanctuary and kitchen have been painted, the windows washed and NEW carpeting laid throughout the upstairs. Our church has had a face-lift inside and out this year. Thank you God!

# November Church Calendar

| Sun.  | Mon.       | Tue.  | Wed.                            | Thu.  | Fri.       | Sat.       |
|---|------------|---|---------------------------------|---|------------|------------|
| <b>Sunday Service:</b><br>10:30 a.m. – Youth<br>Education is available.   | <b>1.</b>  | <b>2.</b><br>7:00 pm: A course in<br>Miracles                               | <b>3.</b><br>6:30 pm:<br>Choir  | <b>4.</b><br>Noon Meditation/ Brown<br>Bag Lunch  | <b>5.</b>  | <b>6.</b>  |
| <b>7.</b><br>9:00 am: Pathfinders<br>6:30 pm: Noetic Science  | <b>8.</b>  | <b>9.</b><br>7:00 pm: A course in<br>Miracles                               | <b>10.</b><br>6:30 pm:<br>Choir | <b>11.</b><br>Noon Meditation/ Brown<br>Bag Lunch | <b>12.</b> | <b>13.</b> |
| <b>14.</b><br>1:00 pm: workshop with<br>Kathy Zavada<br>6:00 pm: Paladins   | <b>15.</b> | <b>16.</b><br>7:00 pm: A course in<br>Miracles                              | <b>17.</b><br>6:30 pm:<br>Choir | <b>18.</b><br>Noon Meditation/ Brown<br>Bag Lunch | <b>19.</b> | <b>20.</b> |
| <b>21.</b><br><b>10:30 am: Thanksgiving<br/>                     Service</b><br>9:00 am: Pathfinders<br>6:30 pm: Noetic Science | <b>22.</b> | <b>23.</b><br>7:00 pm: A course in<br>Miracles<br>7:00 pm: Board<br>Meeting | <b>24.</b><br>6:30 pm:<br>Choir | <b>25.</b><br><br><b>Thanksgiving</b>             | <b>26.</b> | <b>27.</b> |
| <b>28.</b>  | <b>29.</b> | <b>30.</b><br>A course in Miracles<br>7:00 pm                               |                                 |   |            |            |

**Unity of Salem**  
**1777 Fabry Road**  
**PO Box 3518**  
**Salem, OR 97302**

RETURN SERVICE REQUESTED