

Unity of Salem Newsletter

January/February 2007

2007: The Year of Appreciation

Minister's Message

Hello friends, and Happy New Year!

As you begin to read this message, I'm going to ask you to do something: Take a moment and check out where you are inside of yourself. Are you feeling great, feeling like 2007 is going to be a fabulous year, one filled with "points of Light"? Are you feeling at least optimistic and hopeful about this coming year? Or, on the other hand, do you feel it is not going to be much different than the year that just ended, or maybe even that things will probably get worse before they get better? Are you feeling optimistic or pessimistic about this brand new year of 2007? You know there will never be another year quite like this one that is beginning.

The wonderful thing about a new beginning is we get to choose what we will create in this New Year. Our choices, of course, come about through our thoughts and beliefs; and, our thoughts trigger our feelings or vibrations. There are some very high, positive vibrations like optimism, hopefulness, joy, love, peace, gratitude and appreciation. There are other feelings that also have vibrations. Anger has a certain vibration, as does pessimism, guilt, shame, and blame. Now, it isn't hard to figure out which of those vibrations feels better. Knowing that the higher positive vibrations feel better emotionally, mentally, physically and spiritually, we can put out an intent to be in that energy as much as possible.

With all of that in mind, we have chosen 2007 to be **THE YEAR OF APPRECIATION** at Unity of Salem. When we send forth an "intent" into the Universe, we are pre-paving our year. We are speaking our desire to embrace and live our lives in a specific manner. Therefore, throughout the year we will high light the vibration of appreciation in a variety of ways.



For instance, our new affirmation for 2007 is:

I LOOK FOR THE GOOD IN MY LIFE EXPERIENCES. WITH FAITH IN AN ABUNDANT UNIVERSE, I OFFER GRATITUDE AND APPRECIATION AS I MOVE THROUGHOUT MY DAY.

Every Sunday morning, we will say this affirmation aloud together, and I invite you to say it every morning when you do your individual prayer

work.

At Unity of Salem we will be looking for things, people, events, etc that we can appreciate. I would encourage you to do the same in your daily life. Appreciation is linked very closely to the vibration of gratitude; and, an attitude of gratitude is the fastest way to grow spiritually. If you are interested in increasing your God connection this year, then take on an attitude of appreciation.

One of the ways you can do this is to look around the congregation on Sunday mornings, and notice someone you really appreciate. Perhaps it will be Rebecca and the music, or the dedication of our Sunday school teachers, or the way someone reads the Word for the Day. When you find that perfect person, you can share your appreciation by writing in the "**I Appreciate YOU**" book that you will find on the kitchen counter. Everyone will be encouraged to check out the entries in the book to see if there is something special written to them, and to add their own. This is just another fun way we can share our appreciation energy with one another.

I trust you will get into the Spirit of Appreciation this year. It will be wonderful to see what we can accomplish when we are all vibrating in an energy field of Appreciation.

Blessings,

Georgie

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LICENSED TEACHERS

Diana Moskal
Ann Armstrong

NEWS from the Board of Trustees by Dr. Bonnie Jean Young

Finances. Several urgent matters have caused the Board to approve some expenditures the past two months. The first was the discovery that we couldn't repair the keyboard piano anymore. They just don't make parts for it because of its age. Rev. Richardson was able to find a company that would take a trade-in and had an **electronic keyboard** that was within our budget. Music Director, Rebecca Sheppard, liked the keyboard piano so the Board purchased it.

The next item that needed replacing was the Youth Ed **TV/Video/DVD player**. Steve Sheppard was able to find one at Best Buy that was on sale for 20% off, so the Board authorized the purchase. It is a 27 Inch Sylvania that will accept a digital camera card. We feel that it will have a lot of applications.

Of course, everyone is aware of the rain leaks on the sun porch that needed fixing. Jim Wallace worked with the Roof Doctor to place a sleeve around the chimney and to replace some shingles that allowed the rain to seep in. The bill for the **roof repair** is about \$1600.

Rev. Georgie Richardson and Diana Moskal have been using Georgie's private Mac computer to do Church work for 11 years. The **computer and the printer** finally gave out. The Board felt that the church should supply the computer and printer for the Minister and the Associate. We were able to purchase an iMac computer on sale at the Computer Store and an HP Photo Smart printer for \$40 off at Costco. Board members also recommended that the church purchase a DSL line for Internet research and communication. Betty Sword, Office Manager, has become so competent running the programs on the Gateway type computer that she spends a lot of her time keeping budget figures and records on the computer.

The Fire Marshall paid us a visit. Her inspection revealed some deficiencies that cost a few dollars. You may have noticed that we now have **two "lighted" Exit signs** above the main door in the Sanctuary. We also had to replace the **heater** in Georgie's office with one that turned off if the heater was tipped over.

The work that the Grounds staff and volunteers on drains on the South side of the Sanctuary seems to be accomplishing its purpose--to keep the basement dry.

Fun Activities Top off the Fall. The Board wound up the summer by providing another fun **potluck and sing-a-long** by John and Blythe. A group of about 35 came to honor the Unity volunteers. We followed the Potluck with a **Harvest Time Barn Dance** at the end of October. The Board decided that this was so much fun we want to make it an annual event, but maybe hold it earlier in September. The weather might be warmer. *President's Message Continues....*

DIAL-A-PRAYER
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Sunday Service at 10:30 AM

Manifesting the Dream

By Jim Harris

Reverend Georgie has brought together a group of dedicated individuals to serve as the Core Team for the manifestation of our vision for a new sanctuary. The members of the Core Team are Reverend Georgie, Diana Moskal, Jim Harris, Don & Ellen McCaig, Alice Sawyer, Reiny Leskey, Dick Thomas, Kara Driskell, June Hadlock, Michael Sutton, and Bonnie Jean Young. To date the team has had two meetings. The first was to get acquainted and to get a general idea of what we would like to see in a new sanctuary and to affirm all of the reasons we will successfully manifest our vision. The second meeting was to establish our rules for conducting our meeting and to begin to outline the process we will be using to gather information for the start up phase of the project.

We have dedicated ourselves to being the voice of our spiritual community and to actively seeking input from the community before we make any recommendations to the Board for action. We are also dedicated to keeping the community actively involved and thoroughly informed at all stages of the process.

To gather needed information from the community so that we can begin the development process we will be distributing a survey on each of the first three Sundays in January. The survey will be asking you to provide your thoughts on how big you think the sanctuary should be, where on the property you think it should be located, and what uses, besides the auditorium, should be included in the new building. We will be asking you to complete your survey before you leave after service so that we make sure everyone gets his or her opinions heard. We will have a short meeting after service on the fourth Sunday of January to summarize the results of the survey, to answer any questions you may have about the process and to get any last minute input from the community.

We welcome your input and are available to answer any questions you may have at anytime. Feel free contact to any one of the team members before or after service.

The Creative Process

A Lenten Series

Facilitated by Ann Armstrong, Licensed Unity Teacher

Using the
 "SEVEN DAYS OF CREATION"
 As a Model in
 Releasing What No Longer Serves You (Fasting)
 and
 Living The Life You Want To Live (Feasting)

What: A Seven Week Class

When: Tuesday Afternoons at 1:00 p.m.

Or Evenings at 7:00 p.m.

February 20 to April 3, 2007

Where: Unity of Salem

Cost: Love Offering

What do you want to create in your life?

Peace of Mind? Loving Relationships? Increased Health? Financial Prosperity? Right Livelihood?

Join this Lenten Class as we Explore the Metaphysical Meanings of the Seven Days of Creation and Discover how we can USE this PATTERN to CREATE THE LIFE WE DESIRE!

Prayer Workshop

Facilitated by Ann Armstrong, Licensed Unity Teacher

Sunday January 14, 2007

12:00 – 2:00 p.m.

(Snacks Provided) Will meet in Modular.

The Foundation of Unity was formed on the Power of Prayer. From Myrtle Fillmore's healing as a result of consistent, empowered prayer came the sharing of this Way of Life that is Unity.

The first of the New Year is a wonderful opportunity for us to further explore the Power of Prayer, to expand our understanding of it, and to energize our prayer practice so that we can grow toward "Living a Life of Prayer".

DVD Showings:

There will be a showing of the 2005 Portland seminar given by Esther and Jerry Hicks on Friday evenings, January 12, 19, 26. at 7:00 p.m. The three DVD's are about an hour each and together they encompass most of the seminar. If you have been studying the Abraham material, or have become interested in the Law of Attraction and the power of deliberate intent, (i.e. the movie The Secret), you'll want to attend. A love offering will be received.

I Of The Storm:

The eight-week class "The I of The Storm", a conflict resolution class, will begin on Thursday Jan 4th through Feb. 22. The class will be offered in the afternoon from 1:00-3:00, and again in the evening 7:00-9:00. The class, and material, will teach you how to go beyond merely managing the conflict in your life to actually embracing the conflict and allow it to teach us what we otherwise might not learn. Georgie Richardson will facilitate the afternoon class and Georgie and Diane Van Gorder will facilitate the evening class. A love offering will be received. Please sign up for the class time of your choice. The "I of the Storm" book will be required reading, price is \$14.00.

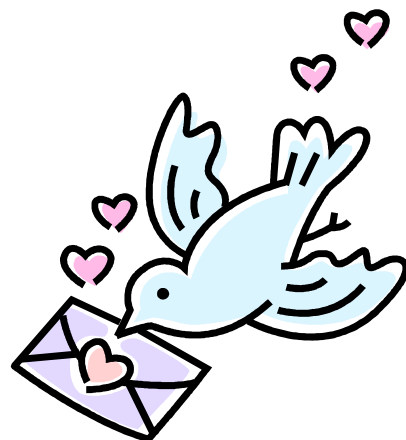
Ho'oponopono Workshop:

Kara Driskell will be offering a workshop on the healing method called Ho'oponopono. This material comes to us from Dr. Len out of Hawaii who healed many of the people locked up and labeled criminally insane. Kara received the training in Bend, OR and again in Vancouver, BC from Dr. Len. She will be bringing the essence of this important work to us on Sunday afternoon, January 21st from 1:00-3:00 on love offering basis.

The entire love offering will be placed in the Nettie Eberhart scholarship fund to assist others who may desire to attend a seminar or receive specific training. (Read more about the scholarship fund below).

Nettie Eberhart Scholarship:

The scholarship fund was created in appreciation to Nettie Eberhart who bequeathed her estate to Unity of Salem a few years ago. The scholarship is for \$500.00 and is offered twice a year in March and September. In order to receive the scholarship, you must be an active member of Unity of Salem, and have a desire to attend a workshop, training, class or seminar away from Unity of Salem. If you wish to attend something in April, May or June, for instance, you would need to apply by the March 1st deadline. If you receive the monies, after you attend the training, etc, you will be required to set a date to offer what you have learned to the congregation through a workshop or lecture basis. This is given on a love-offering basis and the entire love offering is then placed back into the fund so it is nearly self-perpetuating. If you are interested in applying for a scholarship, there are forms on the kitchen counter for further information and direction.



I Look for the Good in my Life Experiences. With Faith in an Abundant Universe, I offer Gratitude and Appreciation as I move through my Day.

President's Message continues...

In November the Board sponsored a **Silent Auction** with the proceeds of \$4200 to be set aside for the building fund for the new Sanctuary. Then in December the Board invited people to attend a **Christmas Party** at Grand China and to bring a white elephant gift-wrapped to put in the gift exchange. Forty attended. Everyone had great fun.

Board Committees Are Busy and Productive. The **By-Laws Revision Committee**, chaired by Ed Lent, has finished its revisions and will make recommendations to the Board of Trustees at their January meeting. The proposed revisions will be presented in May 2007 at the Annual Meeting.

The **Energizing Nine Acres Committee**, co-chaired by Vice President Reiny Leske and Board member Dick Thomas, has focused its energies on the plantings in the Berms of the new parking lot, plans for a labyrinth, and the spreading of the bark chips donated by tree trimming companies for our new Christmas tree plot near the Exit road. The newest board committee, The **Unity Core Sanctuary Committee**, chaired by Jim Harris, has had three meetings and is emerging as a committee dedicated to openness and communication. The group has designed a survey that will be available the first three Sundays in January for folks to fill out. The committee is seeking information about the size of congregation we should plan for and where you think the Sanctuary should be sited. The astounding piece of information that was revealed in the first committee meeting was that Jim Harris has an architectural degree from the University of Oregon and dreamed many years ago that he would design a church and shepherd it to reality.

The Unity of Salem Board of Trustees is grateful for the many opportunities that **Unity Friends** provides for us to share our abundance with others in our community. Whether we are giving food to the Marion and Polk Food Share, providing loved Teddy Bears and other cuddly

critters for Homeless children, or presents for the Christmas tree, the Unity Friends Team, led by Diane Van Gorder, is there to assist.

During the year we have recognized the many volunteers who serve Unity of Salem. In December we took time to recognize another group. Twenty five members of **Readers Theatre** have produced 31 performances during Sunday Services, at Hallman Elementary School on Dr. Seuss Day, and at Memorial Services during the last two and a half years. Congratulations, folks, for a job well done.Love to all.....Bonnie Jean

Service Workshop On February 4

Have you ever wondered how, where, and when to serve at Unity of Salem? There are many opportunities to give of your time and talent - inside the buildings and outside on our beautiful nine acres. Information will be shared to guide people in finding their own unique way to give of themselves because there is a place for everyone to express their Divine Light at Unity of Salem.

The various teams will be explained and who the team leaders are to contact. I have always like the quotation: "Service is the natural expression of one who is spiritually awakened. It is not something we do; rather it is a way of life." We can then serve from our hearts instead of saying "I should" do this or that.

Everyone is welcome to attend this workshop in the modular from 12:00-1:30, led by Diana Moskal. There will be some finger food furnished (including Diana's famous Chaplain brownies!).

Looking Ahead:

Karl Anthony will be back at Unity of Salem in concert on Monday evening, May 21st. Mark your calendars now!

Georgie will be facilitating a prosperity class entitled "Keys to the Kingdom" beginning Thursday, April 12th. It is a seven week class.

Timeless Wisdom Wall

Perhaps some of you have noticed the "Timeless Wisdom" wall in the sanctuary where quotes are beautifully framed and hanging on the wall.

Thank you to Ed Lent, Sharon Viehdorfer and Jim Harris for sharing these wonderful words which currently are:

We do not see things as they are.
We see them as we are.
The Talmud

Only as high as I reach
Can I grow,
Only as far as I seek
Can I go,
Only as deep as I look
Can I see
Only as much as I dream
Can I be.
Karen Raun

When nobody seems to love you
and trouble is everywhere,
When skies turn dark above you
and joy turns to despair,
When everything just falls apart
and no one seems to care,
Just look down deep inside your heart,
and know that God is there.
Clumsy Carp (aka Johnny Hart)



Birthdays

Jan. 1 st	June Hadlock
Jan. 3 rd	Al Tippner
Jan. 19 th	Ann Armstrong
Jan. 19 th	Helen Bibleheimer
Jan. 23 rd	Blythe Eastman
Feb. 1 st	Rev. Betty Owers
Feb. 3 rd	Beverly Dargo
Feb. 17 th	Robin Paulissen
Feb. 19 th	Mattie Courtright
Feb. 22 nd	Deborah Day
Feb. 27 th	Myrtle Sprong



Proposed New Members:

Membership is offered annually at Unity of Salem. A new group of 10 proposed new members will be starting their class work to prepare them to join the church. Each of these folks will be assigned a mentor and will be required to attend "The I of the Storm" class and upcoming Prayer and Service workshops. We welcome these wonderful new folks to this important Spiritual work, and celebrate their decision with them:

Sharon (Sherry) McClure, Lorena Ferry, David Ferry, Wendy Radspinner, Alan Radspinner, Barb Vandepas, Randy Julian, Ana Brown, Tonya Jeffries and Karen Henderson.

COMING ATTRACTIONS...

Daily: Pause for Peace 9 a.m. & 7 p.m.

"Let there be peace on earth, and let it begin with God's love in my heart"

Sundays: 10:30 a.m. service and youth education, 10:30 a.m.

First and third Sundays: Pathfinders 9:00 a.m. in the Bookstore – Everyone Welcome!

Thursdays: Noon meditation, followed by brown-bag lunch.

Fridays in January: DVD showing of the 2005 Portland seminar given by Esther and Jerry Hicks – Starts Jan 12th at 7:00 p.m.

Dec. 25th – Jan. 1st: Church office Closed.

Jan. 4th: Eight-week class starts – "The I of the Storm", 1:00 – 3:00 p.m. or 7:00 – 9:00 p.m. Facilitated by Rev. Georgie Richardson (afternoon) & Diane Van Gorder (evening).

Jan. 7th: Pathfinders at 9:00 a.m. in the Bookstore. Facilitated by Ed and Kay Lent **and:** Noetic Science, Y.O.U. room 6:30 p.m.

Jan. 14th: Prayer Workshop facilitated by Ann Armstrong 12:00 – 2:00 p.m. **Jan. 21st:** Pathfinders at 9:00 a.m. in the Bookstore. Facilitated by Ed and Kay Lent **and:** Ho'oponopono Workshop facilitated by Kara Driskell 1:00 – 3:00 p.m. **and:** Noetic Science, Y.O.U. room 6:30 p.m.

Feb. 4th: Pathfinders at 9:00 a.m. in the Bookstore, **and;** Service Workshop facilitated by Diana Moskal in the Modular 12:00 – 1:30 p.m. **and;** Noetic Science, Y.O.U. room 6:30 p.m.

Feb. 18th: Pathfinders at 9:00 a.m. in the Bookstore, **and:** Noetic Science, Y.O.U. room 6:30 p.m.

Feb. 20th: "The Creative Process – A Lenten Series" – Seven Week Class led by Ann Armstrong starts 1:00 p.m. or 7:00 p.m.

Apr. 12th: Class "The Keys to the Kingdom" starts. Facilitated by Rev. Georgie Richardson.

May. 21st: Karl Anthony in Concert.

Thank You, Thank You! And Hats Off To:

Peggy Brown, Michael Ristow, Carol and Paul Wilson and Nancie Anderson for all of the wonderful work they did to ready our barn for the barn dance. A great time was had by everyone who participated.

Also a great round of applause to **John Meyer** and his wonderful band who played for the dance.

Dick Thomas for his work in planting the trees and plants on the divider in our new parking lot and for smoothing out the mulch which is preparing our property for the Christmas trees which will be planted next year.

Jim Wallace for all of his constant work at keeping our building and grounds in good working order; and

Nancie Anderson for all of her help with the building and grounds.

Jim Harris for stepping forward to be the leader for the Unity Core Team who will be doing much of the work toward our new Sanctuary.


Jim McCreary for filling our Welcome Packets and making sure there are plenty of Kleenex, etc under the chairs.



January Church Calendar

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
January	1. Office Closed	2.	3.	4. 1:00 or 7:00 pm: Class – “The I of the Storm” starts Noon Meditation/ Brown Bag Lunch	5.	6.
7. 9:00 am: Pathfinders 6:30 pm: Noetic Science	8.	9.	10.	11. Noon Meditation/ Brown Bag Lunch	12. 7:00 pm: DVD Showing	13.
14. 12:00 noon: Prayer Workshop	15.	16.	17.	18. Noon Meditation/ Brown Bag Lunch	19. 7:00 pm: DVD Showing	20.
21. 9:00 am: Pathfinders 1:00 pm: Ho’oponopono Workshop facilitated by Kara Driskell 6:30 pm: Noetic Science	22. 6:30 pm: Board Meeting	23.	24.	25. Noon Meditation/ Brown Bag Lunch	26. 7:00 pm: DVD Showing	27.
28. 12:00 noon: Congregational Meeting	29.	30.	31.	Sunday Service: 10:30 a.m. – Youth Education is available.		

February Church Calendar

February				1. Noon Meditation/ Brown Bag Lunch	2.	3.
4. 9:00 am: Pathfinders 12:00 noon: Service Workshop 6:30 pm: Noetic Science	5.	6.	7.	8. Noon Meditation/ Brown Bag Lunch	9.	10.
11.	12.	13.	14. 	15. Noon Meditation/ Brown Bag Lunch	16.	17.
18. 9:00 am: Pathfinders 6:30 pm: Noetic Science	19.	20. 1:00 or 7:00 pm: Class – “The Creative Process – A Lenten Series”	21.	22. Noon Meditation/ Brown Bag Lunch	23.	24.
25.	26. 6:30 pm: Board Meeting	27. 1:00 or 7:00 pm: Class – “The Creative Process – A Lenten Series”	28.			

**Unity of Salem
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Salem, OR 97302**