

Unity of Salem Newsletter

January/February 2005

2005: The Year of Applied Spirituality

Minister's Message

Dear Friends,

A couple of months ago our Board President, Jyoti Light, shared in her Newsletter article a health issue with which she was dealing. She shared her bewilderment and examination of her motivations for living. As she dealt with the fear that rears its ugly head during such times, she had difficulty applying her Spiritual Principles.



Her experience isn't unique, my friends. When fear walks in the door, faith often appears to walk out the door; and conversely, the moment we invite faith back in, fear leaves. With that awareness in mind, we have decided to devote 2005 to the theme of Applied Spirituality. The year will be divided into sub-themes -- issues relating to the human condition, i.e. wealth, health, service, prayer/meditation, relationships and livelihood (our jobs). To deepen our process, as part of each theme, there will be a weekly evening Circle to discuss our Spiritual application for each of the sub-themes.

We are living in difficult times, my friends, and we need all of the insight, help, support and reassurance possible to assist us in living our Spiritual Principles in all areas of our lives. A worthwhile goal is to live every aspect of our lives from a place of Spiritual integrity, which means that our feelings, thoughts, words and actions are in congruence -- they are fully aligned with one another. When we respond to one another, let us strive to respond from that place of Spiritual integrity. Speaking from Spiritual integrity keeps us clear and out of defensiveness. Let us learn to speak from our Spiritual integrity rather than attempting to speak to the issue of another.

The gifts of Spirit are Love, Wisdom, Clarity and Understanding, as well as others. Speaking for ourselves, from our integrity keeps us in alignment with the gifts of Spirit. We are blessed with clarity and the relationship with the other is blessed as well. Doing a verbal dance in an effort to say the "right thing" simply doesn't work. Spirituality can be applied in all

aspects of our lives, speaking from a place of integrity is one of the ways we can apply our Spiritual Principles in our relationships.

Each year we create a new affirmation. This year we will affirm:

I AM ONE WITH GOD. THE SPIRIT OF GOD IS IN AND THROUGH ALL ASPECTS OF MY LIFE. WHEREVER I AM, GOD IS!

There can be no separation from God, my friends, and as we move through 2005 we will explore this Spiritual connection in all part of our lives in depth.

May the Spirit of Love, Peace, and Prosperity shine upon you and your family as we gratefully and joyfully embrace 2005!

Peace and Blessings,

Georgie Richardson, Minister

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LICENSED TEACHERS

Diana Moskal
Ann Armstrong

Opportunities to Connect at Unity of Salem

by Jyoti Light, Board President

Welcome to a new year! This is a time to consider how we may prepare the ground of our being for the seeds we will plant in the springtime of our personal growth. Unity of Salem provides fertile ground for connection and for ever-deepening application of spiritual teachings by offering diverse opportunities to engage with this energetic, loving community. You can keep abreast of activities by visiting the Unity of Salem website, unityofsalem.com.

Every first and third Sunday at 9 a.m. in the Bookstore (the small building next to the main sanctuary building) is a class called "Pathfinders". This is an ongoing drop-in class in which participants pray, meditate and discuss the application of spiritual principles in daily life. It's a great way to connect with others in a discussion group format that helps to deepen the teachings we share at Unity.

There will be Unity Basics class on Thursday evenings beginning January 13 that creates the opportunity to learn and explore the history and foundational teachings of Unity. You have the opportunity to connect meaningfully with other participants in the class as you discuss topics such as the nature of God, how does Unity interpret the Bible, tools for transformation, (e.g., prayer and meditation, denial and affirmation, forgiveness), and techniques for living the principles in areas such as handling change, health and healing, and prosperity. In addition, you may participate in some simple and lovely rituals to deepen your experience of what is being taught.

We have designated 2005 as the "Year of Applied Spirituality" - Rev. Georgie and the office staff have prepared a booklet outlining the planned topics for the year, including wealth, emptiness, prayer, health, play, relationship, service, livelihood and the Christ. To support the Sunday teachings, there will be Tuesday evening circles where the topics will be personally explored through prayer, discussion and ritual. These circles are a beautiful way to connect with others and with your own understanding.

On January 23 from 1-2:30, Diana Moskal, Licensed Unity Teacher, will hold a workshop outlining service opportunities at Unity of Salem. Of course, if you don't want to wait until then, you are welcome to contact Diana at the office or see her on Sunday to learn of ways that you may serve. I have found that my connection to Unity happened quickly and meaningfully by jumping into service opportunities - a great way to feel a part of the community and to get to know people!

Jyoti's column continues on page 3....

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Unity of Salem
Phone: 503 364-0156
Office Hours: 10-4 Mon. - Thurs.
P.O. Box 3518
Salem, OR 97302
Sunday Service at 10:30 AM

President's Column continues...

We have choir rehearsals at 6:30 on Wednesday evenings, and this too is an ongoing drop-in arrangement - you are welcome to join the choir at any time. The choir sings for joy and fun - you need not be a Pavarotti!

A prayer workshop on February 6 from 1-2:30 introduces the "art" of affirmative prayer. In March, Diana will be holding chaplaincy training for those interested in serving the congregation by praying with and for them in times of need, in times of celebration, times of loss, times of healing, etc. This promises to be another way to really deepen Unity teachings by applying them in service to others.

There is a men's group called Paladins and a women's group called W.I.S.H. - watch the bulletin insert, big screen power point announcements at services, and/or check the website for dates, plans and locations for these groups. A Noetic Science discussion group meets on the first and third Sunday evenings from 6:30-8:30. Thursday afternoons there is a noon meditation group in the sanctuary.

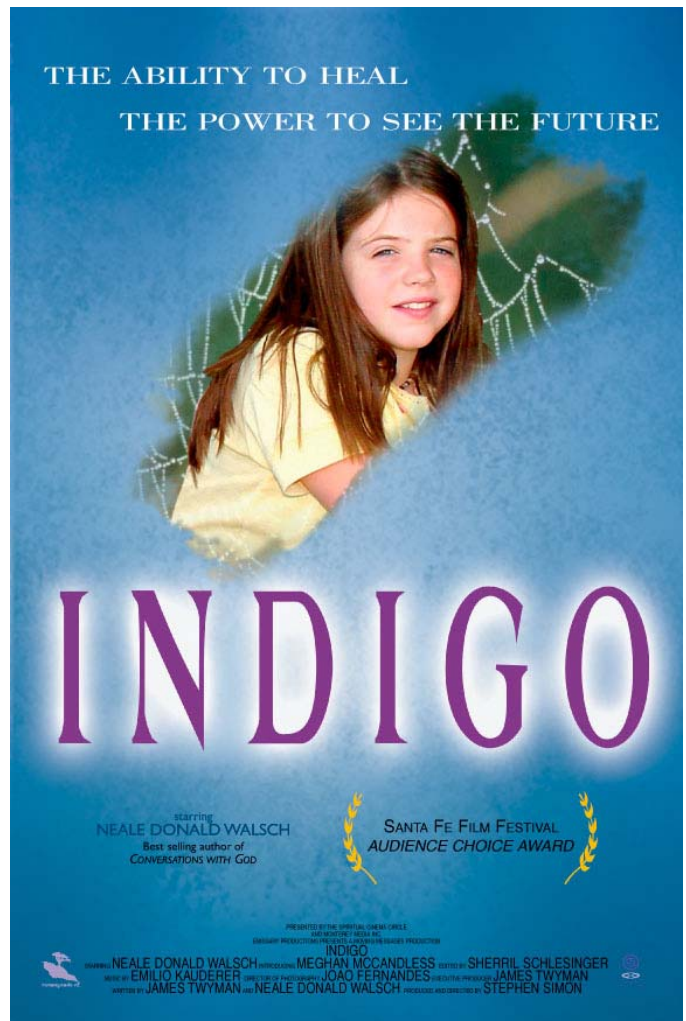
Interspersed among these activities are book study groups or classes that crop up and special events (movies, special guests, concerts, sing-a-longs, hikes).

Please feel completely free to contact any of your Board of Trustees with your ideas, suggestions, and feedback - we very much welcome hearing from you!

The mission statement of this church is "Empowering People - Building Community". Please jump in where you feel called and experience the energy of this vibrant community!

INDIGO THE MOVIE:

Finally! We are going to get an opportunity to see INDIGO in our own church. In conjunction with James Twyman's organization, Unity of Salem will show INDIGO on Saturday, January 29th at 7:00 p.m. and on Sunday, January 30th at 2:00 p.m. NO ADVANCE TICKETS will be sold. All tickets will be sold at the door. Tickets are \$10.00 for adults and \$5.00 for children under ten years old. All children must be accompanied by an adult. Mark your calendar today. You won't want to miss this long awaited movie starring Neil Donald Walsch (author of the CONVERSATION WITH GOD books).



BURNING BOWL CEREMONY:

January 2, 2005, is our Burning Bowl Ceremony. This ceremony gives us the opportunity to release those thoughts, habits, or old resentments that we do not want to carry forth into the New Year. We also draw our Angel of the year at that time.

JANUARY 16: NEW SERIES - NEW CIRCLE

A new series on prosperity will begin on Sunday January 16th. To enhance the Spiritual Principles taught during the Sunday service, we will have Wealth Circles on January 18, 25 and Feb. 1, and 8th. Circles are given on a love-offering basis, and will begin at 7:00 on the above Tuesday evenings.

UNITY BASICS CLASS:

Ann Armstrong, Licensed Unity Teacher, will facilitate a Unity Basics class beginning January 13th through Feb. 17th. This class is a requirement for all proposed new members, however, anyone may attend. The class is given on a love-offering basis from 7:00 to 9:00 p.m.

SERVICE WORKSHOP:

Diana Moskal, Chaplain and Unity Licensed Teacher, will conduct a workshop on service opportunities on Sunday, January 23rd following the worship service. The workshop will be held in the modular and a light lunch will be served. If you are a proposed new member, this workshop is a requirement. If you are simply interested in ways to serve Unity of Salem, please plan to attend. Length about two hours.

PRAYER WORKSHOP:

Georgie Richardson will facilitate a Prayer Workshop in the Modular following the Worship Service on Sunday February 6. This workshop is also required for proposed new members, however, everyone is welcome. A light lunch will be served. Length about two hours.

BOOKSTORE NEWS

The month of December was very busy for the Bookstore! THANK YOU for doing your Christmas shopping (for yourself or someone else) at the Bookstore! It was so much fun ordering and then receiving boxes of books for you to look at and hopefully to buy! Some of the books are: THE GIFT OF CHANGE by Marianne Williamson was a best seller! I could hardly keep it in stock!

Ralph Stevens told me about STAND LIKE MOUNTAIN FLOW LIKE WATER, which contains reflections on stress and human Spirituality by Brian Seaward. It was listed on James Twyman's web site. SPIRITUALLY HEALING THE INDIGO CHILDREN (and adult Indigos too!) is a very valuable and insightful book written by Wayne and Ellen Dosick in 2004. Lee Carroll and Jan Tober, author of THE INDIGO CHILDREN, said "this may very well be the ultimate Indigo workbook."

We also received some copies of THE DAYS OF WONDER by GW Hardin who wrote THE MESSENGERS. He mentions some people at Unity of Salem!

**I am One with God. The Spirit of God is in and through all aspects of my Life.
Wherever I am, God is!**

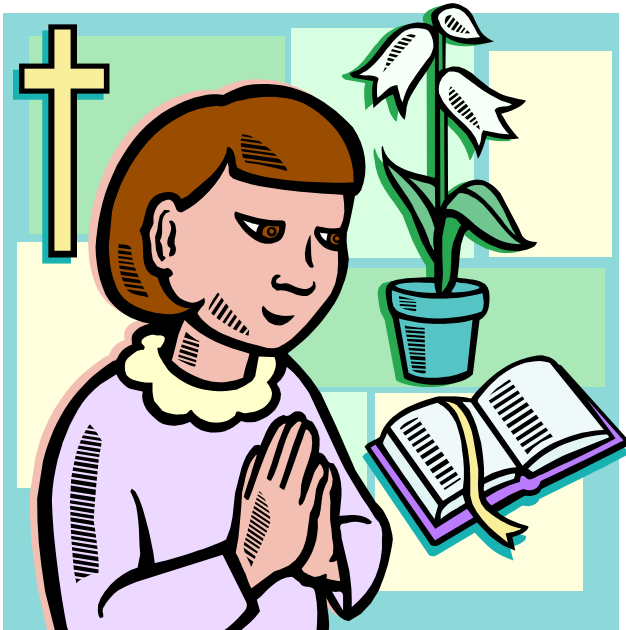
CHAPLAINCY TRAINING

About twelve people attended the information/orientation meeting that was held in November. We discussed what a Unity Chaplain is, the training time, responsibilities, joys and time commitment. Rev. Lei Lani Burt says, "Completing the Chaplain training and "being" a Chaplain is transformative work."

It is a unique service that differs from many of the other volunteer opportunities. I invite anyone who has an interest in this training that begins in March, to attend an information/orientation meeting on Tuesday, Feb. 8 at 7:00 PM in the modular.

The meeting will last about an hour and is for anyone who was unable to attend in November.

If you would like the schedule for the training or have any other questions, please see Diana Moskal or call the church office.

**W.I.S.H. (Women in Spirit and Harmony)**

Bunco fun night Saturday, January 8 at 7:00 p.m. downstairs at the church. Come join us for a great way to meet other women in a fun setting. Please bring a white elephant gift. There will be an attendance and snacks sign-up sheet in the upstairs kitchen off the sanctuary. It helps us to know how many are coming so we can plan enough tables, dice, score sheets, etc. Hope to see you there!

Dr. Fred Alan Wolf is coming to Salem

Saturday, January 15th 1:00 – 3:30 pm

Sponsored by Noetic Science

Topic: "The Yoga of Time Travel: How the Mind Can Defeat Time"

Featured in the recent film "What The #\$%! Do We Know!?"

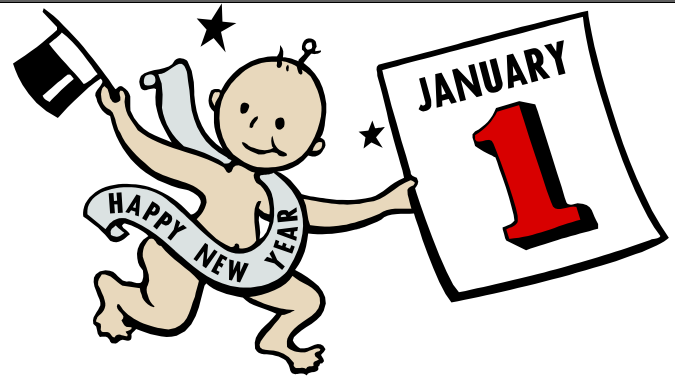
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Based on his book of the same title, Dr Wolf will explore the ways of time travel. He will explore the meaning of time travel and the roles played by memory and attention and consider different forms of time travel reviewing basic principles of physics involved in our notion of time. We will look at some of the time travel paradoxes that arise simply because we are not used to thinking beyond time and explore how time travel makes sense as we see how our experiences in time are created from a sub-space time realm.

National book award winner Dr. Wolf is an internationally recognized physicist from UCLA and has taught at San Diego State University, the University of London, the University of Paris, the Hahn-Meitner Institute for Nuclear Physics in Berlin, and the Hebrew University of Jerusalem. He is a member of the Martin Luther King Jr. Collegium of Scholars. He lives in San Francisco with his wife Sofia.

His work in quantum physics and consciousness is well known through his popular and scientific writing. His eleven books include *Matter into Feeling*, *Mind into Matter*, *The Spiritual Universe*, *The Eagle's Quest*, *Parallel Universes*, *The Dreaming Universe* and *Taking the Quantum Leap* which was the recipient of the prestigious National Book Award for Science in 1982. You can find him on the web at <http://www.fredalanworf.com>.

Dr. Wolf is acknowledged to be an expert on the subject of time travel and has appeared in numerous TV and radio shows talking about his ideas to wide ranging audiences including the nationally syndicated PBS TV series "Closer to Truth". He has appeared as the resident physicist on the Discovery channel's show "The Know Zone" and has appeared numerous times on the nationally syndicated nights talk show "Coast to Coast AM". He currently appears on Disc 2 on the (2003) Special Collectors Edition of the Paramount Studio DVD movie "Star Trek IV" explaining "Time Travel: The art of the Possible." He is featured as an interviewee in the recent film "What The #\$\$! Do We Know?" (<http://www.whatthebleep.com>)



Birthdays

Jan. 1 st	June Hadlock
Jan. 3 rd	Beverly Dargo Al Tippner
Jan. 19 th	Ann Armstrong Helen Bibleheimer
Jan. 23 rd	Blythe Eastman
Jan. 28 th	Nancy Empey
Feb. 1 st	Rev. Betty Owers
Feb. 13 th	Elaine Klebe
Feb. 17 th	Robin Paulissen
Feb. 21 st	Gary Viehdorfer
Feb. 22 nd	Deborah Day
Feb. 27 th	Myrtle Sprong



COMING ATTRACTIONS...

Daily: Pause for Peace 9 a.m. & 7 p.m.

"Let there be peace on earth, and let it begin with God's love in my heart"

Sundays: 10:30 a.m. service and youth education, 10:30 a.m.

First and third Sundays: Pathfinders 9:00 a.m.

Thursdays: Noon meditation, followed by brown-bag lunch.

Jan. 2nd: Pathfinders 9:00 a.m.; **and** Noetic Science, Y.O.U. room 6:30 p.m. ; **and** Burning Bowl Ceremony.

Jan. 8th: 7:00 p.m. W.I.S.H. (women's group) meets downstairs at the church.

Jan. 13th: 7:00 p.m. Ann Armstrong starts facilitating Unity Basics.

Jan. 15th: 1:00 p.m. Dr. Wolf – "The Yoga of Time Travel"

Jan. 16th: Pathfinders 9:00 a.m.; **and** Noetic Science, Y.O.U. room 6:30 p.m. **and** after the Service – DVD showing of "Indigo Behind the Scenes"

Jan. 23rd: following worship service, Diana Moskal will conduct a Service Workshop.

Jan. 29th: 7:00 p.m. "Indigo" the movie will be shown in the Sanctuary.

Jan. 30th: 2:00 p.m. "Indigo" the movie will be shown in the Sanctuary.

Feb. 6th: following the worship service, Rev. Georgie Richardson will facilitate a Prayer Workshop.

Feb. 8th: 7:00 p.m. – Information/orientation meeting regarding the Chaplaincy Training.

**THANK YOU, THANK YOU! AND HATS OFF TO:**

Every one of you who has served Unity of Salem so selflessly throughout 2004. **Thank you** to Paul and Carol Wilson and their "elves" for the beautiful Luminaries on Christmas Eve. The gift of service is first a gift to yourself, and secondly a gift to the church. There are many ways you can receive and give the gift of service. We look forward to the many people who will be specifically thanked for their gifts and service in this column throughout 2005!

Christmas Thoughts – by Beverly Dargo

On Christmas Day 2004, I had a conversation with another member of the church. She asked me how I liked hanging out with liberals. Only labeling myself as a child of GOD, and having no political affiliations, I wasn't quite sure how to respond. I did, but not as well as could have been done. I would appreciate being able to do a better job now.

As a physical being, my views are conservative. As a spiritual being, I know that GOD is always in control, and that it is very important that the words that I speak will not cause harm to myself, others, or that of my church. I know that politics are divisive, and that they can cause harm to those who focus on them instead of their spiritual lives. I am certain that it can, and has, given people a wrong impression of our church and its teachings. I have heard comments from visitors leaving our church.

How do I like hanging out with people who declare themselves liberals?

I love everyone, whatever name they decide to put after the words I AM. But I love them even more when they remember our mission is to serve GOD and to prosper our church. When we gather together in church or just in friendship, leaving man's politics outside our circles will bring, and keep people coming to hear the wonderful messages of Unity.

January Church Calendar

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
Sunday Service: 10:30 a.m. – Youth Education is available.						1.
2. 9:00 am: Pathfinders 6:30 pm: Noetic Science Burning Bowl Ceremony	3.	4.	5.	6. Noon Meditation/ Brown Bag Lunch	7.	8. 7:00 pm: W.I.S.H. meets.
9. 6:00 pm: Paladins	10.	11.	12.	13. Noon Meditation/ Brown Bag Lunch 7:00 pm: Unity Basics Begins	14.	15. 1:00 pm: Dr. Wolf – “The Yoga of Time Travel”
16. 9:00 am: Pathfinders 6:30 pm: Noetic Science	17.	18. 7:00 pm: Wealth Circles	19.	20. Noon Meditation/ Brown Bag Lunch	21.	22.
23./30. 23 rd – Service Workshop after Worship Service. 30 th @ 2:00 pm: Indigo – The Movie	24./31.	25. 7:00 pm: Wealth Circles 7:00 pm: Board Meeting	26.	27. Noon Meditation/ Brown Bag Lunch	28.	29. 7:00 pm: Indigo – The Movie

**Unity of Salem
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RETURN SERVICE REQUESTED