

Unity of Salem Newsletter

January 2004

2004: The Year of Wholeness

Minister's Message

Dear Friends,

I'm going to speak to you on the subject of Wholeness in this month's message. We are beginning a new year and that means a new theme or intention for Unity of Salem. Each year we offer our intention to the Universe and continue to affirm and uphold that intention throughout the year.



It is interesting that I have chosen Wholeness as the intention for our church for this New Year. In June of 1991 when I journeyed back to Unity Village to begin my ministerial studies, Spirit let me know in no uncertain terms that my journey, or my quest, was about my Wholeness -- becoming a Unity Minister was part of that and yet not critical to it, for if I were called to abandon my ministerial plans, should those plans become contrary to my overall quest for Wholeness, then I must be prepared to do so.

So what is this thing called Wholeness? Morton Kelsey in his book "Caring" has this to say about Wholeness:

"This wholeness is difficult to describe. There are many parts of me which need to function together. I am not just rationality and consciousness or just feelings or only conditioned responses or only pure spirit. I am all of these to some degree. These various parts of me need to work together as a harmonious whole. Some of the depth of me is bright and beautiful and loving, and some of me is dark, questionable, destructive, and dangerous. My task is to redeem what is redeemable within the darkness and bring the whole of my being into one entire, integral human center of action and of feeling and of being. Wholeness means to function as a unit rather than allowing the various parts of me to take control of me and act autonomously" (p.47).

That quest has never been far from my mind, and of course, when I became the minister at Unity of Salem, I brought the quest and that overall theme with me.

As I stated in a project on Wholeness toward the end of my time in school, "If my wholeness is the cornerstone of my reality, and it is, then it must be the cornerstone of my ministry as well." And now, eleven years later Wholeness will be the theme for 2004.

When we plum the depths of ourselves and courageously discover and make friends, or at least become acquainted, with not only the "bright, beautiful and loving," but also with the "dark, questionable, destructive and dangerous", we are embracing our individual wholeness. In order for Wholeness to exist in our families, our churches, our workplaces and our world, each one of us must first find the thread of Wholeness within ourselves.

For ten plus years I have strived to bring health and wholeness to Unity of Salem through my written words, my spoken words, and the classes, workshops and retreats I have offered. It is time, my friends, to bravely place this intent into the Universe, and claim our Wholeness. In this troubled world of ours, it is what Spirit is calling us to do, we can do no less.

May you find joy, peace, prosperity and most of all a sense of your own Divine Wholeness in this New Year.

Blessings,

Georgie Richardson, Minister

Candace Norwood

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503 364-6057

<http://websyte.com/unity/salem>

E-Mail: unityonthehill@juno.com

Unity of Salem

Phone: 503 364-0156

Office Hours: 10-4 Mon. - Thurs.

P.O. Box 3518

Salem, OR 97302

Sunday Service at 10:30 AM

President's Corner – January 2004 newsletter

Happy New Year! This is the time of year for looking back over the past year and forward to the year to come. As I do so, I realize how blessed I am and how good it all really is.

As I contemplated the year just passed, I noted some patterns. It was a year both of letting go and holding on.

Letting go...There were some biggies this year, the latest being Marianne Ort stepping down as music director. This year we celebrated 10 years of service with Marianne. Our music program and whole church reflect, on every level, the incredible love and talent she has brought. It's also clear that having more time available will allow her creativity to flow more freely, which is a very good thing. One thing that makes this transition somewhat easier is that Marianne will still be part of our community and she leaves us with a solid block of enormous musical talent.

Holding on...There have been a few situations this year that were pretty challenging. I discovered that when I'm not sure what to do, I'm inclined to walk away. I decided to be someone who hangs in there, to see what would happen. I also hung in there because it was clear there are important lessons in the very act of holding on. Quite honestly, I also understand that I'll just keep drawing the same situations to me if I don't hang in there! The outcome has been deepened relationships, stronger leadership skills and greater faith in myself and in others.

It's also been a year of learning the fifth Unity principle at a deeper level. That is: It's not enough to know the principles, one must live them as well. I've really been learning about walking the talk this year. What a comfort and blessing the principles have been in situations where I wasn't sure what actions to take! The principles can be counted on because they're set up to make everyone a winner.

Another big focus for me this year has been tuning in to other peoples' energy. Some time ago, I met a guest speaker at church, who just stood there for a moment when we met, without talking, and tuned in to me. Every time I have this memory, I think of the Starship Enterprise – it was like being scanned. It wasn't at all intrusive; it felt like an honor – like telepathy. So I've been exercising my own skills in this area. It's like being alive in a whole new dimension.

As I look forward to the coming year, I'm deeply aware of how blessed we are here at Unity of Salem. There are many people here who understand the principles at a deep level. And when the going gets tough, Spirit always seems to arrange it so someone is holding the high watch while the rest of us are doing our work. It's all good!

INTERESTED IN JOINING UNITY OF SALEM?

If you are interested in becoming a member of Unity of Salem, you are invited to attend an Orientation meeting with Georgie on Sat. Jan 10, 2004 from 10:00 a.m. to 12:30. To join the church you must also attend two additional workshops and two four week classes: Unity Basics I and Unity Basics II. There is a flyer in the kitchen with all of the details and dates. If you aren't sure -- come to the orientation meeting.

CONSCIOUS LIVING -- a class

Georgie Richardson and Diana Moskal will facilitate a five week class beginning Tues. Feb. 3 - March 2nd. The class will be offered in the afternoon from 1:00 to 3:00 and in the evening from 7:00-9:00 on a love offering basis.

The focus of the class will help you in the areas of: self-esteem, blocks and beliefs and wholeness, and offer tools for richer living, gifts for a more joyful life of clarity and abundance.

NEW YEAR - NEW FOCUS -- NEW AFFIRMATION:

2004 will be the YEAR OF WHOLENESS at Unity of Salem. Each year we choose a theme and carry it forward throughout the year in various ways. One way we restate our intention is through our Sunday affirmation. Our new affirmation for 2004 is:

I AM ALIVE, ALERT, AWAKE AND ENTHUSIASTIC. I AM WHOLE. I AM FREE. THANK YOU, GOD!

UNITY YOUTH MINISTRY

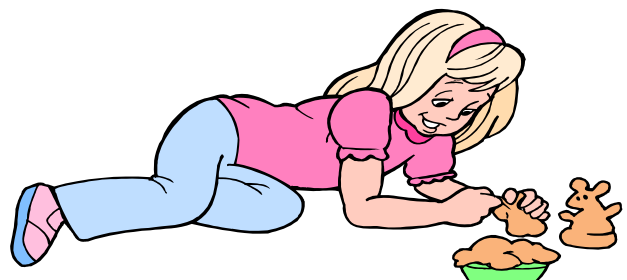
As 2004 opens, I want to introduce (and for some of you reintroduce) Unity's Youth Ministry. At 10:30 a.m. each Sunday morning, a steadfast team of teachers brings Unity's Foundation Principles to children and teens.

Our Angel Place (in the lower level of the main building) offers a nursery for infants (our Cherubs), and a one-room Sunday circle model for preschool/kindergarten (our Unitots) and elementary age children (our Angels). The modular unit has two meeting rooms, one for middle-school teens (our Uniteens) and one for high school teens (our Youth of Unity or Y.O.U.'ers).

All our youth programs are based on (or are compatible with) the teachings of Charles and Myrtle Fillmore, the founders of Unity. We practise a living curriculum or process of spiritual support as outlined in our Children, Uniteens and Teens on the Quest material published by Unity House. All age groups have 2 or more dedicated teachers consistently present to meet the needs of our youth. Parent participation is encouraged and appreciated.

Visit us and bring your child or teen. You'll like what you find.

Sharon Viehdorfer
Youth Education Director



I am Alive, Alert, Awake and Enthusiastic. I am Whole. I am Free. Thank You God!

LIFE EMPOWERMENT THROUGH PAST LIFE RECALL

A SoulShift Workshop by Daeryl Lewis

Sunday, February 29, 1 pm - 4 pm
\$20 suggested love offering

Bring to conscious awareness a past life memory which is the key to unlock limiting emotions and patterns. Find out who you really are and return to living your full potential.

In the workshop, clairvoyant and spiritual teacher, Daeryl Lewis will explain how working with past life recall can shift our perspective from human crisis to soul growth, provide clues to the automatic responses and unconscious expectations that we operate from, and bring clarity and understanding to our relationships.

With the gentle regression process she has developed to help people transform their lives, she will guide the group through two recalls. The first: to release an unhealthy association or fear. The second: to remember a life of achieving full potential, bringing those talents and qualities into present time.

Release yourself from the burdens of the past and reclaim full and joyful living!

Flyers and sign up sheets will be in the kitchen.
Private sessions also available by phone or by appointment.
Contact Daeryl at 503-375-5793.

NEW SERIES TO BEGIN JAN 4, 2004:

Georgie will begin a new series on the metaphysical interpretation of the 7 days of creation beginning on Sunday Jan 4th. Plan to be there to experience this exciting material.

THANK YOU REV. MARIANNE ORT:

Marianne has been the Music Director at Unity of Salem for ten plus years. She has served our community through her musical gifts with great dedication. Marianne has taught us new songs, has built and led the choir, formed small groups, TAG (Together As God) and Ameya, and brought to us the creative inspiring Boundless Band for a two year period.

Marianne has an uncanny way of gently drawing forth the gifts and talents of various people. Through her instruction and encouragement many people have stepped into their musical expression in a new and expanded way.

We thank Marianne for all of her dedication and service and for the generous sharing of her talents throughout the years. Although Marianne is stepping down from her job as Musical Director she is not leaving us. Indeed, she is scheduled to sing as part of Ameya in February.



THIS BABY CALLED MAP*by Katherine Harper*

Nine months ago, seven members of Unity of Salem stepped forward to comprise the HOME Team: "Honoring Our Manifesting Expectations". This team was charged with leading a strategic planning process known as MAP, or the "Ministry Action Plan" for our church. The process began with an internal audit of administrative data and a review and clarification of our mission statement, our vision statement and our foundational beliefs and values statements. Throughout this time, two members of the HOME Team have stepped down, leaving the following team members: Alice Sawyer, Reiny Leske, Joanie Manuel, Dorothy Lucas and Katherine Harper. This team has worked closely with the Minister, Board of Trustees and Staff in reviewing the data and initial, tentative recommendations for short and long term goals relating to this data and to our mission and vision statements. As we continue to ask for everyone's prayers and for all to remain open to discerning God's yearning for our ministry, it is time now to more fully engage our congregation as a whole into this process.

During the Sunday service on January 4, everyone will be asked to complete "The Church Life Survey". This survey, created by Thriving Churches Ministry and utilized by over 100 churches to date, is designed to further assist in the discovery of our strengths and weaknesses in 14 essential elements of church life that contribute to ministerial and congregational health and growth. We will utilize the collective responses to the survey to confirm, clarify, understand, and in some cases, further determine areas where more in-depth surveying of the congregation may be needed before completing the internal audit of the MAP.

We respectfully request your participation in the Church Life Survey. Your survey responses are critical to the success of the MAP. More detail about the design and use of this survey will be shared on January 4, but if we could distill the central issues that the survey will be addressing, it would boil down to these two questions:

"Why are you here at Unity of Salem? Why do you keep coming back?" Nine months ago, in introducing the MAP concept to our congregation, we asked those questions rhetorically. Now we hope to discover your answers to those questions! We look forward to seeing you on January 4, as we honor our new beginnings in the New Year!

INTERFAITH PEACE SERVICE: THE THREAD OF ONENESS*Thursday, January 1, 2004*

Morningside United Methodist Church, 3674 12th St SE (near Madrona Ave), Salem

The Fifth in a Series of Interfaith and Intercultural Gatherings in Salem--open to all.

The theme is The Thread of Oneness. The faiths will be presented chronologically from earliest to youngest. There will be prayers, songs, readings, and meditations from Oregon residents representing many of the world's religious traditions. This will be an inspiring and enlightening way to start the New Year.

This program is sponsored by the Oneness Coalition and co-sponsored by Oregon Peaceworks. The Oneness Coalition represents people of diverse spiritual traditions who are committed to building peace by sharing these teachings and worshipping together. We are planning future interfaith worship services, including April 25, 2004, and September 11, 2004, in Salem.

CONTACT: Siri Kirpal Khalsa, Oneness Coalition Chair 503/364-0519 or skirpal@open.org



Unity Church Universal in Kansas City recently published some Metaphysical Gadgets by Lowell Fillmore. Here are a few for your use.

1. I go to meet my good. (To be used when answering doorbell, or on the way to an appointment).
2. My heart is right with God. (For heart trouble.)
3. Divine love through me blesses and multiplies this money. (For blessing all money when received or paid out.)
4. I am a radiant center of divine love. (To be used in winning friends.)
5. There is nothing lost in Spirit. (To be used when something seems to be mislaid.)
6. I greet the presence and power of God here. (To be used in entering a new home, or in fact, any building.)
7. There is but one presence and one power here. (To be used when you seem to be up against a stone wall and the problem facing you seems beyond human solution.)
8. I am Spirit, and Spirit cannot be sick. (To be used when somebody remarks that you are not looking well.)



A Happy New Year!

Birthdays

Jan. 1 st	June Hadlock
Jan. 3 rd	Al Tippner
Jan. 19 th	Ann Armstrong Helen Bibleheimer
Jan. 23 rd	Blythe Eastman
Jan. 28 th	Nancy Empey
Feb. 1 st	Betty Owers
Feb. 13 th	Elaine Everhart
Feb. 17 th	Robin Paulissen
Feb. 21 st	Gary Viehdorfer
Feb. 22 nd	Deborah Day
Feb. 27 th	Myrtle Sprong

COMING ATTRACTIONS...

Daily: Pause for Peace 9 a.m. & 7 p.m.

"Let there be peace on earth, and let it begin with God's love in my heart"

Sundays: 10:30 a.m. service and youth education, 10:30 a.m.

First and third Sundays: Pathfinders 9:00 a.m.

Mondays: Hatha Yoga 6:30 p.m.

Tuesdays: A Course in Miracles, in the modular, 7:00 p.m.

Thursdays: Noon meditation, followed by brown-bag lunch.

First Fridays: The Great Mother's Circle 7-8 p.m. Please call Alexis McKenna at 503 838-1040 if you plan to attend.

Jan. 4: Pathfinders 9:00 a.m.; **and** Big Music Sunday; **and** Noetic Science, Y.O.U. room 6:30 p.m.

Jan. 8: "Gather the Women 2004", Organizing Meeting 7:00 p.m. – 9:00 p.m. – facilitated by Alexis McKenna. Everyone Welcome. If you want more information, please call Alexis at 503 838-1040.

Jan. 11: Paladins meet at 6:00 p.m.

Jan. 18: Pathfinders 9:00 a.m.; **and** Noetic Science, Y.O.U. room 6:30 p.m.

Jan. 22: Unity Basics I starts – 7:00 p.m. – 9:00 p.m.

Jan. 25: Workshop 7:00 p.m. – Shamanic Journey to the Upper World.

Feb. 3: CONSCIOUS LIVING -- a class – Facilitated by Georgie Richardson and Diana Moskal.

Feb. 29: Workshop 1:00 – 4:00 p.m. – "Life Empowerment through Past Life Recall" – Facilitated by Daeryl Lewis.

THANK YOU, THANK YOU! AND HATS OFF TO:

Our Uniteens for wrapping the affirmations on all of the candles for the Christmas Eve service.

Linda Androes and her wonderful team of Unity Friends Elves for all of the shopping, wrapping, and delivering of the Thanksgiving and Christmas gifts.

Marianne Ort for the incredible service that she has offered to Unity of Salem as our Music Director for over ten years. (See the article on Marianne in another section of this Newsletter).

Alice Sawyer and Diana Moskal for working together to keep our church supplies bought and put into place.

Sandy Collins for cleaning up our Sanctuary and putting together our Welcome Packets.

Lois Jones and Bob Bryant for many years of service in such a variety of ways: sending out the birthday cards, work in the office, and the church.

Thank you, thank you, thank you and bless you for your willingness to serve.



January Church Calendar

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
Sunday Service: 10:30 a.m. – Youth Education is available.				1.	2.	3.
4. 9:00 am: Pathfinders 6:30 pm: Noetic Science	5. 6:30 pm Yoga	6. 7:00 pm: A Course In Miracles	7.	8. Noon Meditation/ Brown Bag Lunch Gather the Women 2004	9.	10.
11. 6:00 pm: Paladins	12. 6:30 pm Yoga	13. 7:00 pm: A Course In Miracles	14.	15. Noon Meditation/ Brown Bag Lunch	16.	17.
18. 9:00 am: Pathfinders 6:30 pm: Noetic Science	19. 6:30 pm Yoga	20. 7:00 pm: A Course In Miracles	21.	22. Noon Meditation/ Brown Bag Lunch 7:00 pm: Unity Basics I	23.	24.
25. 7:00 pm: Shamanic Journey continues	26. 6:30 pm Yoga 7:00 pm: Board Meeting	27. 7:00 pm: A Course In Miracles	28.	29.	30.	31.

**Unity of Salem
1777 Fabry Road
PO Box 3518
Salem, OR 97302**

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